

	Monday	Tuesday	Wednesday	Thursday	Friday
Weeks 1 and 5	<b><u>Pizza Pizza!</u></b> <u>Tossed Salad</u> <u>Corn Chips</u> <u>Chocolate</u> <u>Pudding</u> <u>Apples</u>	<b><u>Popcorn</u></b> <b><u>Chicken</u></b> <u>Tossed Salad</u> <u>Mashed Potatoes</u> <u>Cookies</u> <u>Apples</u>	<b><u>Barry's</u></b> <b><u>Grilled Cheese</u></b> <u>Tossed Salad</u> <u>Potato Wedges</u> <u>Jello</u> <u>Watermelon</u>	<b><u>Baked Ziti</u></b> <u>Or Buttered Noodles</u> <u>Dinner Roll</u> <u>Tossed Salad</u> <u>Brownies</u> <u>Apples</u>	<b><u>Hamburgers</u></b> <b><u>&amp; Hot Dogs</u></b> <u>Tossed Salad</u> <u>Potato Chips</u> <u>Watermelon</u> <u>Cookies</u>
Weeks 2 and 6	<b><u>Cheesy Bread</u></b> <u>With sauce</u> <u>Corn Chips</u> <u>Tossed Salad</u> <u>Cookies</u>	<b><u>Chicken Patty</u></b> <u>On a Bun</u> <u>Tossed Salad</u> <u>Potato Wedges</u> <u>Cookies</u> <u>Apples</u>	<b><u>Short Stack</u></b> <b><u>Pancakes</u></b> <u>With Syrup</u> <u>Tater Tots</u> <u>Tossed Salad</u> <u>Watermelon</u>	<b><u>Potato</u></b> <b><u>Pierogies</u></b> <u>Or Buttered Noodles</u> <u>Dinner Roll</u> <u>Brownies</u> <u>Apples</u>	<b><u>Sloppy Joes</u></b> <u>Tossed Salad</u> <u>Potato Chips</u> <u>Watermelon</u> <u>Cookies</u>
Weeks 3 and 7	<b><u>Pizza Pizza!</u></b> <u>Tossed Salad</u> <u>Corn Chips</u> <u>Chocolate</u> <u>Pudding</u> <u>Apples</u>	<b><u>Chicken Fries</u></b> <u>Tossed Salad</u> <u>Mashed Potatoes</u> <u>Cookies</u> <u>Apples</u>	<b><u>Barry's</u></b> <b><u>Grilled Cheese</u></b> <u>Tossed Salad</u> <u>Potato Wedges</u> <u>Jello</u> <u>Watermelon</u>	<b><u>Mac &amp; Cheese</u></b> <u>Or Buttered Noodles</u> <u>Dinner Roll</u> <u>Tossed Salad</u> <u>Brownies</u> <u>Apples</u>	<b><u>Egg &amp; Cheese</u></b> <b><u>on a Bagel</u></b> <u>Tossed Salad</u> <u>Potato Chips</u> <u>Watermelon</u> <u>Cookies</u>
Weeks 4 and 8	<b><u>Cheesy Bread</u></b> <u>With sauce</u> <u>Corn Chips</u> <u>Tossed Salad</u> <u>Cookies</u>	<b><u>Chicken</u></b> <b><u>Nuggets</u></b> <u>Tossed Salad</u> <u>Potato Wedges</u> <u>Cookies</u> <u>Apples</u>	<b><u>Waffles &amp; Eggs</u></b> <u>With Syrup</u> <u>Tater Tots</u> <u>Tossed Salad</u> <u>Watermelon</u>	<b><u>Potato</u></b> <b><u>Pierogies</u></b> <u>Or Buttered Noodles</u> <u>Dinner Roll</u> <u>Brownies</u> <u>Apples</u>	<b><u>Chef's Choice</u></b> <u>Tossed Salad</u> <u>Potato Chips</u> <u>Apples</u> <u>Cookies</u>
<u>Salad Bar</u>		<u>Sandwiches</u>		<u>Ice Cream</u>	

# Pizza Pizza

Entrée	<p>Enriched Flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine monoitrate, riboflavin, folic acid), cheddar cheese (pasteurized cultured milk, salt, enzymes, potato starch, corn starch), crushed tomatoes, water, tomato paste with citric acid preservative, contains less than 2% of each of the following: sugar, canola oil, salt, dried yeast, olive oil blend (refined olive oil, extra virgin olive oil), Inactive yeast, oregeno, dehydrated garlic, dehydrated onion, basil, black pepper, white pepper, sorbitan monostearate.</p> <p><b>Allergen Info: Wheat and milk</b> <b>Processed in a Nut Free Facility</b></p>
Kosher	<p>Flour, water, Tomatoes, Mozzarella/Muenster Cheese (pasteurized milk/skim milk, cultures, salt, enzymes, powdered cellulose), sugar, salt, yeast, spices &amp; conditioners.</p> <p><b>Allergen Info: Wheat and milk</b> <b>Kosher Dairy</b></p>
Gluten-Free	<p>Crust: gluten free flour (brown rice, tapoica, soy), water, palm oil, xanthan gum, dry yeast salt, baking soda</p> <p><b>Allergen Info: Soy</b> <b>Kosher Pareve</b> <b>Made in a dedicated gluten, dairy and nut (peanuts &amp; tree nuts) free facility.</b></p> <p>Sauce: Crushed tomatoes (water, concentrated crushed tomatoes), salt, sugar soybean oil, spices, garlic powder</p> <p><b>Kosher Pareve</b></p> <p>Cheese: pasteurized milk, cheese culture, salt, enzymes, cellulose, dextrose, natamycin</p> <p><b>Allergen Info: Milk</b></p>
Tossed Salad	<p>Iceberg lettuce, carrots, red cabbage.</p>
Corn Chips	<p>Corn, vegetable oil (contains one or more of the following: corn, cottonseed, sunflower, soybean, or canola oil), salt.</p> <p><b>Kosher Pareve</b> <b>Gluten-Free</b></p>
Chocolate Pudding	<p>Water, sugar, skim milk, food starch-modified (corn), dextrose, vegetable oil (contains one or more of the following: soybean oil, canola oil, sunflower oil), cocoa (processed with alkali), contain 1 percent or less of the following: salt, artificial falavor, sodium phosphate, sodium stearoyl lactylate, color added (including yellow 6).</p> <p><b>Allergen Info: Milk</b> <b>Kosher Dairy</b></p>
Apples	<p>Fresh Apples</p>

# Popcorn Chicken

[Main Menu](#)

<p><b>Entrée</b></p>	<p>Chicken, water, isolated soy protein, seasoning (salt, maltodextrin, yeast extract, sugar, wheat flour, citric acid, contains less than 2% natural flavors, dried vinegar, corn starch, dextrose, lactic acid), sodium phosphate, salt. Breaded with: whole wheat flour, water, enriched wheat flour (enriched with niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), whole grain yellow corn flour, modified corn starch, yellow corn flour, salt, yeast, spices, leavening (sodium bicarbonate, sodium aluminum phosphate), garlic powder, onion powder, extractives of paprika. Breeding set in vegetable oil. <b>Allergen Info: Wheat and soy</b></p>
<p><b>Kosher</b></p>	<p>Chicken breast, water, chicken breast fat, bread crumbs (wheat flour (contains gluten), water, vegetable oil, salt, yeast, dextrose, paprika, turmeric), textured soy protein, potato starch, isolated soy protein, powdered cellulose, salt, sodium phosphate, spices, onion powder, garlic, celery powder. Batter: water, wheat flour (contains gluten), modified maiz starch, salt, carboxymethyl cellulose, guar gum. Breeding: wheat flour (contains gluten), water, vegetable oil, salt, yeast, dextrose, paprika, turmeric. "Browned in soybean oil" <b>Allergen Info: Wheat and soy</b></p>
<p><b>Gluten-Free</b></p>	<p>Chicken breast with rib meat, water, salt, sodium phosphates. Breaded with rice flour, dried potatoes, water, yellow corn flour, salt, corn starch, spices, tapioca dextrin, dextrose, dried garlic, dried onion, organic soybean oil, dried egg whites, spice extract. <b>Allergen Info: Eggs</b></p>
<p><b>Mashed Potatoes</b></p>	<p>Potatoes, mono and diglycerides (vegetable emulsifier), ascorbic acid, calcium stearoyl-2-lactylate, sodium acid pyrophosphate, sodium bisulfate and citric acid. <b>Kosher Pareve</b></p> <p>Rice Milk: Filtered Water, organic brown rice (partially milled), organic expeller pressed canola oil and/or organic safflower oil and/or organic sunflower oil, tricalcium phosphate, sea salt, vitamin A palmitate, vitamin D2, Vitamin B12 <b>Kosher Pareve</b> <b>Gluten-Free</b></p> <p>Margarine: Vegetable oil blend (palm oil, soybean oil), water. Contains 2% or less of: salt, soybean lecithin (soy), vegetable monoglycerides, citric acid (preservative), beta carotene (color), natural flavor. Vitamin A palmitate added. <b>Allergen Info: Soy</b> <b>Kosher Pareve</b></p>
<p><b>Cookies</b></p>	<p>Enriched wheat flour (bleached flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), sugar, palm oil, chocolate chips (sugar, chocolate, cocoa butter, dextrose, soy lecithin [emulsifier], vanilla (artificial flavoring]), chocolate flavored chips (sugar, hydrogenated vegetable oil [palm kernel, coconut palm] cocoa [processed with Alkali]. Dextrose, cocoa powder, whey powder (milk) soy lecithin [emulsifier], vanilla), soybean oil, eggs, molasses, natural flavor {contains milk}, salt, baking soda, soy lecithin. <b>Allergen Info: Wheat, soy, milk, eggs</b> <b>Kosher Dairy</b></p> <p>Non- Dairy: Wheat Flour, Vegatable Oil, Margarine, Sugar, Brown Sugar, Eggs, Cocoa drops, Baking Soda, Vanilla Flavor <b>Allergen Info: Eggs</b> <b>Kosher Pareve</b></p> <p>Gluten- Free Cookie: Dried cane syrup, chocolate chips (dried cane syrup, chocolate liquor, cocoa butter), brown rice flour, tapioca starch, butter, eggs, potato starch, dry molasses, vanilla extract, salt, xanthan gum, baking soda <b>Allergen Info: Milk and egg</b> <b>Kosher Dairy</b></p>

# Barry's Grilled Cheese

[Main Menu](#)

<p><b>Entrée</b></p>	<p>Bread: Enriched flour (wheat flour, malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), water, whole wheat flour, high fructose corn syrup, wheat gluten, contains 2% or less of the following: soybean oil, crushed wheat, salt, yeast, calcium sulfate, mono and diglycerides with ascorbic acid (preservative) and citric acid (preservative), caramel color with sulfites, sodium stearoyl lactylate, calcium propionate (a preservative), guar gum, wheat flour, datem, enzymes, ascorbic acid (dough conditioner), ammonium sulfate, high oleic canola oil  <b>Allergen Info: Wheat and soy</b>  <b>Kosher Pareve</b></p> <p>Cheese: Cultured milk and skim milk, whey, salt, sodium citrate, modified food starch, artificial color (if colored), sodium phosphate, sorbic acid (preservative), lactic acid, enzymes, soy lecithin (non-sticking agent).  <b>Allergen Info: Milk and soy</b></p> <p>Margarine: Vegetable oil blend (palm oil, soybean oil), water. Contains 2% or less of: salt, soybean lecithin (soy), vegetable monoglycerides, citric acid (preservative), beta carotene (color), natural flavor. Vitamin A palmitate added.  <b>Allergen Info: Soy</b>  <b>Kosher Pareve</b></p>
<p><b>Kosher</b></p>	<p>Bread: Same as above</p> <p>Cheese: American Cheese (pasteurized milk, cheese culture, salt, enzymes), water, cream, sodium citrate, salt, sorbic acid (preservative), annatto, and oleoresin, paprika (color), olive oil.  <b>Allergen Info: Milk</b></p> <p>Margarine: Same as above</p>
<p><b>Gluten-Free</b></p>	<p>Bread: Gluten free flour (brown rice, tapioca, sorghum), water, canola oil, eggs, honey, salt, guar gum, dry yeast, apple cider vinegar, sesame seeds.  <b>Allergen Info: Eggs and sesame</b>  <b>Kosher Pareve</b></p> <p>Margarine: Same as above</p>
<p><b>Potato Wedges</b></p>	<p>Potatoes, vegetable oil (containing one of more of the following oils: canola, soybean, cottonseed, sunflower, corn). Contains 2% or less of dextrose, sodium acid pyrophosphate added to maintain natural color  Salt, pepper, canola oil</p>
<p><b>Vanilla Pudding</b></p>	<p>Water, skim milk, food starch-modified (corn), maltodextrin, canola oil, natural and artificial flavors, salt, sodium stearoyl lactylate, xanthan gum, sodium phosphate, sucralose (a non-nutritive sweetener), color added (including yellow 5 and yellow 6)  <b>Allergen Info: Milk</b>  <b>Gluten-Free</b></p>

# Baked Ziti

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<b>Entrée</b>	<p>Ziti: Semolina (wheat), dried spinach, dried tomato, niacin, iron (ferrous sulfate), thiamin mononitrate, riboflavin and folic acid. <b>Allergen Info: Wheat</b></p> <p>Mozzarella Cheese: pasteurized milk, cheese culture, salt, enzymes, cellulose, dextrose, natamycin <b>Allergen Info: Milk</b></p> <p>Ricotta Cheese: Pasteurized whole milk, starter, salt <b>Allergen Info: Milk</b></p> <p>Marinara Sauce: Tomato concentrate (water, crushed tomatoes), corn oil, salt, spices and natural flavor</p> <p>Italian Seasoning: Majoram, thyme, rosemary, savory, sage, oregano, basil</p> <p>Parmesan Cheese: Pasteurized part-skim milk, cheese cultures, salt, enzymes, modified food starch and powdered cellulose (anti-caking agent with potassium sorbate to protect flavor). <b>Allergen Info: Milk</b></p>
<b>Kosher</b>	<p>Buttered Noodles: Ziti: Semolina (wheat), dried spinach, dried tomato, niacin, iron (ferrous sulfate), thiamin mononitrate, riboflavin and folic acid. <b>Allergen Info: Wheat</b></p> <p>Margarine: Vegetable oil blend (palm oil, soybean oil), water. Contains 2% or less of: salt, soybean lecithin (soy), vegetable monoglycerides, citric acid (preservative), beta carotene (color), natural flavor. Vitamin A palmitate added. <b>Allergen Info: Soy</b> <b>Kosher Pareve</b></p>
<b>Gluten-Free</b>	<p>Ziti: Corn Flour, Rice Flour, water</p> <p>Margarine: Same as above <b>Allergen Info: Soy</b> <b>Kosher Pareve</b></p>
<b>Dinner Roll</b>	<p>Unbromate unbleached enriched wheat flour (niacin, iron, thiamine monoitrate, riboflavin, folic acid), water, salt, sugar, dough conditioner: (soy flour, diacetyl tartaricacid esters of mono-anddiglycerides (datem), monoglycerides, soybean oil, calcium sulfate, ascorbic acid, potassium bromate, l-cysteine, dextrin, wheat starch and enzymes), yeast, sugar, calcium sulfate, enzymes, calcium propionate (preservative) <b>Allergen Info: Wheat and Soy</b></p>
<b>Brownies</b>	<p>Sugar, enriched flour bleached (wheat flour, niacin iron, thiamine mononitrate, robiflavin, folic acid), palm oil, cocoa processed with alkali, soybean oil. Contains 2% or less of: egg white, salt, corn starch, leavening (baking soda, monocalcium phosphate), artificial flavor, soy flour, nonfat milk. Canola Oil <b>Allergen Info: Wheat, egg, milk and soy</b> <b>Kosher Dairy</b></p> <p>Gluten-Free: Sugar, eggs, soybean oil, cocoa powder, chocolate chips (sugar, chocolate liquor, cocoa butter, soy lecithin, vanillin, brown rice flour, gluten-free whole oat flour, potato starch, tapioca starch, invert sugar, natural vanilla flavor, salt, xanthan gum, baking soda) <b>Allergen Info: Eggs and soy</b> <b>Kosher Pareve</b></p>

# Hamburgers & Hot Dogs

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<p>Entrée</p>	<p>Hamburger: 100% pure ground beef</p> <p>Veggie Burger: Carrots, onions, string beans, oat bran, zucchini, soybeans, expeller pressed canola oil, peas, broccoli, corn, soy flour, spinach, red bell peppers, arrowroot powder, garlic, corn starch, corn meal, sea salt, parsley, black pepper  <b>Allergen Info: Soy</b>  <b>Kosher</b>  <b>Gluten-Free</b>  <b>Certified Vegan</b></p> <p>Hot Dog: Beef, Water, contains 2% or less of: salt, sodium lactate, spices, hydrolyzed soy protein, paprika, sodium diacetate, garlic powder, sodium erythorbate, flavorings, sodium nitrite.  <b>Allergen Info: Soy</b>  <b>Kosher</b>  <b>Gluten-Free</b></p> <p>Bun: Enriched wheat flour, (wheat flour, malted barley flour, niacin, reduced iron, thiamine, mononitrate, riboflavin, folic acid), water, sugar, yeast, soybean oil, salt, monoglycerides, calcium propionate, calcium sulfate, enzymes, guar gum, conditioner (diacetyl tartaric acid esthers of mono-diglycerides, enzymes (contains wheat,) ascorbic acid (vitamin C), and 2% or less of each of the following: malted wheat flour, preservatives (propionic acid, phosphoric acid)  <b>Allergen Info: Wheat and soy</b>  <b>Processed in a peanut and tree nut free facility</b></p>
<p>Kosher</p>	<p>Glatt Kosher Burger: Ground Beef  Hot dogs and Veggie Burgers above</p>
<p>Gluten-Free</p>	<p>Hamburger Bun: Gluten free flour (white rice, tapioca, corn, arrowroot, potato, soy) water, eggs, brown sugar, honey, dry yeast, palm oil, apple cider vinegar, flaxseed meal, salt, xanthan gum.  <b>Allergen Info: Eggs and Soy</b></p> <p>Hotdog Bun: Gluten free flour (white rice, tapioca, corn, arrowroot, corn, soy, potato) water, eggs, palm oil, brown sugar, honey, xanthan gum, dry yeast, salt, flaxseed, apple cider vinegar, sesame seeds.  <b>Allergen Info: Eggs, soy and sesame seeds.</b></p>
<p>Cookies</p>	<p>See Popcorn Chicken  <b>Allergen Info: Wheat, soy, milk, eggs Kosher Dairy</b></p> <p>Non- Dairy: <b>Allergen Info: Eggs Kosher Pareve</b></p> <p>Gluten- Free Cookie: <b>Allergen Info: Milk and egg Kosher Dairy</b></p>
<p>Potato Chips</p>	<p>Potatoes, vegetable oil (contains one or more of the following: corn, cottonseed, sunflower, soybean or canola oil), salt.  <b>Kosher Pareve</b>  <b>Gluten-Free</b></p>

# Cheesy Bread

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<p>Entrée</p>	<p>Crust: Flour blend [Whole-wheat flour, enriched flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, enzyme, folic acid)], water, brown sugar, corn oil, dough conditioner (soybean oil, mono and diglycerides, soy flakes), salt, vital wheat gluten, yeast, L-cysteine.          Cheeses: mozzarella cheese (pasteurized part skim milk, cheese cultures, salt, enzymes). Reduced fat/reduced sodium mozzarella cheese (pasteurized part skim milk, nonfat milk, modified food starch*, cheese culture, salt, potassium chloride*, natural flavors*, annatto (color), vitamin A palmitate, enzymes). *ingredients not regular in mozzarella cheese  <b>Allergen Info: Milk, wheat, soy</b></p> <p>Margarine: Vegetable oil blend (palm oil, soybean oil), water. Contains 2% or less of: salt, soybean lecithin (soy), vegetable monoglycerides, citric acid (preservative), beta carotene (color), natural flavor. Vitamin A palmitate added.  <b>Allergen Info: Soy</b>  <b>Kosher Pareve</b></p> <p>Sauce: Tomato concentrate (water, crushed tomatoes), corn oil, salt, spices and natural flavor</p>
<p>Kosher</p>	<p>Flour, water, Tomatoes, Mozzarella/Muenster Cheese (pasteurized milk/skim milk, cultures, salt, enzymes, powdered cellulose), sugar, salt, yeast, spices &amp; conditioners.  <b>Allergen Info: Wheat and milk</b>  <b>Kosher Dairy</b></p>
<p>Gluten-Free</p>	<p>Crust: gluten free flour (brown rice, tapioca, soy), water, palm oil, xanthan gum, dry yeast salt, baking soda  <b>Allergen Info: Soy</b>  <b>Kosher Pareve</b>  <b>Made in a dedicated gluten, dairy and nut (peanuts &amp; tree nuts) free facility.</b></p> <p>Sauce: Crushed tomatoes (water, concentrated crushed tomatoes), salt, sugar soybean oil, spices, garlic powder  <b>Kosher Pareve</b></p> <p>Cheese: pasteurized milk, cheese culture, salt, enzymes, cellulose, dextrose, natamycin  <b>Allergen Info: Milk</b></p>
<p>Corn Chips</p>	<p>Corn, vegetable oil (contains one or more of the following: corn, cottonseed, sunflower, soybean, or canola oil), salt.  <b>Kosher Pareve</b>  <b>Gluten-Free</b></p>
<p>Cookies</p>	<p>See Popcorn Chicken  <b>Allergen Info: Wheat, soy, milk, eggs</b>  <b>Kosher Dairy</b></p> <p>Non- Dairy:  <b>Allergen Info: Eggs</b>  <b>Kosher Pareve</b></p> <p>Gluten- Free Cookie: <b>Allergen Info: Milk and egg</b>  <b>Kosher Dairy</b></p>

# Chicken Patty

<p><b>Entrée</b></p>	<p>Boneless Chicken breast with rib meat, water, vegetable protein product, [soy protein concentrate, zinc oxide, niacinamide, ferrous sulfate, copper gluconate, vitamin A palmitate, calcium pantothenate, thiamine mononitrate (B1), pyridoxine hydrochloride (B6) Riboflavin (B2) and Cyanocobalamin (B12)], dried whole egg, Contains 2% or less of salt, rice starch onion powder, garlic powder, yeast extract, natural flavors, maltodextrin, spice, citric acid.          BREADED WITH: Whole wheat flour, water, enriched wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), enriched yellow corn flour (corn flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), salt, soybean oil, spices, onion powder, garlic powder, corn starch, sodium bicarbonate, natural extractives of annatto seed, malted barley flour, yeast, dextrose, malt syrup (malted barley, corn), yeast extract, citric acid, flavor (soybean oil, natural extractives of chili peppers, polyglycerol esters of fatty acids) Breeding set in vegetable oil.  <b>Allergen Info: Egg, Soy, Wheat</b></p> <p>Bun: Enriched wheat flour, (wheat flour, malted barley flour, niacin, reduced iron, thiamine, mononitrate, riboflavin, folic acid), water, sugar, yeast, soybean oil, salt, monoglycerides, calcium propionate, calcium sulfate, enzymes, guar gum, conditioner (diacetyl tartaric acid esters of mono-diglycerides, enzymes (contains wheat,) ascorbic acid (vitamin C), and 2% or less of each of the following: malted wheat flour, preservatives (propionic acid, phosphoric acid)  <b>Allergen Info: Wheat and soy</b>  <b>Processed in a peanut and tree nut free facility</b></p>
<p><b>Kosher</b></p>	<p>chicken breast with rib meat, chicken fat, water, instant potatoes (dehydrated potatoes, mono and diglycerides, sodium acid pyrophosphate, sodium bisulfate, citric acid, mixed tocopherols added to protect freshness), mechanically separated chicken, egg, potato starch, frying oil (soybean oil, fully hydrogenated soybean oil, TBHQ added to preserve freshness, dimethylpolysiloxane anti-foaming agent added), seasoning base [dextrose, corn starch, salt, dehydrated vegetables (celery, potatoes, carrots), hydrogenated vegetable shortening (soy, corn or canola oil), garlic and spices], salt, dextrose, garlic powder, onion powder, spices  <b>Allergen Info: Egg and soy</b></p>
<p><b>Gluten-Free</b></p>	<p>Patty: Same as Kosher  <b>Allergen Info: Egg and soy</b></p> <p>Hamburger Bun: Gluten free flour (white rice, tapioca, corn, arrowroot, potato, soy) water, eggs, brown sugar, honey, dry yeast, palm oil, apple cider vinegar, flaxseed meal, salt, xanthan gum.  <b>Allergen Info: Eggs and Soy</b></p>
<p><b>Potato Wedges</b></p>	<p>Potatoes, vegetable oil (containing one of more of the following oils: canola, soybean, cottonseed, sunflower, corn). Contains 2% or less of dextrose, sodium acid pyrophosphate added to maintain natural color          Salt, pepper, canola oil</p>
<p><b>Cookies</b></p>	<p>See Cheesy Bread  <b>Allergen Info: Wheat, soy, milk, eggs</b>  <b>Kosher Dairy</b></p> <p>Non- Dairy: Wheat Flour, Vegetable Oil, Margarine, Sugar, Brown Sugar, Eggs, Cocoa drops, Baking Soda, Vanilla Flavor  <b>Allergen Info: Eggs</b>  <b>Kosher Pareve</b></p> <p>Gluten- Free Cookie: Dried cane syrup, chocolate chips (dried cane syrup, chocolate liquor, cocoa butter), brown rice flour, tapioca starch, butter, eggs, potato starch, dry molasses, vanilla extract, salt, xanthan gum, baking soda  <b>Allergen Info: Milk and egg</b>  <b>Kosher Dairy</b></p>



# Short Stack Pancakes

[Main Menu](#)

Entrée	Water, Enriched unbleached wheat flour, dextrose, sugar, soy oil, whole eggs, baking powder (sodium acid pyrophosphate, bicarbonate of soda, corn starch, monocalcium phosphate), buttermilk, salt. <b>Allergen Info: wheat, eggs, milk and soy.</b> <b>Kosher Dairy</b>
Kosher	Same as above
Gluten-Free	Water, Van's foods gluten free mix (brown rice flour, potato starch, tapioca starch, rice flour, soy flour), cane sugar, non-GMO expeller pressed canola oil, baking powder (sodium acid pyrophosphate, baking soda, rice flour, monocalcium phosphate), molasses, soy lecithin, guar gum. <b>Allergen Info: Soy</b> <b>Kosher Dairy</b>
Syrup	Water, high fructose corn syrup sugar, corn syrup, cellulose gum, natural and artificial flavor, xanthan gum, potassium, sorbate and sodium benzoate added as preservatives, caramel color, and phosphoric acid. <b>Kosher Pareve</b>
Tater Tots	Potatoes, vegetable oil (contains one or more of the following: canola oil, soybean oil, sunflower oil, cottonseed oil, palm oil, corn oil, hydrogenated cottonseed oil, and/or soybean oil and/or canola oil), salt, dextrose, disodium dihydrogen pyrophosphate to promote color retention <b>Kosher Pareve</b>
Tossed Salad	Iceberg lettuce, carrots, red cabbage.
Apples	Fresh Apples

# Potato Pierogis

<p>Entrée</p>	<p>Pierogis: Water, Extra fancy durum flour, wheat flour (niacin, reduced iron, potassium bromate, thiamin mononitrate, riboflavin, enzymes, folic acid) dehydrated potatoes, dehydrated cheese (whey, cheddar cheese [pasteurized milk, cheese culture, salt, enzymes], butter, buttermilk solids, salt, sodium phosphate), canola oil, dehydrated onions, salt, pepper, natural food color (annatto)  <b>Allergen Info: Wheat and Milk</b>  <b>Kosher Pareve</b></p> <p>Buttered Noodles:            Ziti: Semolina (wheat), dried spinach, dried tomato, niacin, iron (ferrous sulfate), thiamin mononitrate, riboflavin and folic acid.  <b>Allergen Info: Wheat</b></p> <p>Margarine: Vegetable oil blend (palm oil, soybean oil), water. Contains 2% or less of: salt, soybean lecithin (soy), vegetable monoglycerides, citric acid (preservative), beta carotene (color), natural flavor. Vitamin A palmitate added.  <b>Allergen Info: Soy</b>  <b>Kosher Pareve</b></p>
<p>Kosher</p>	<p>Both options are kosher</p>
<p>Gluten-Free</p>	<p>Ziti: Corn Flour, Rice Flour, mono and diglycerides.</p> <p>Margarine: Same as above  <b>Allergen Info: Soy</b>  <b>Kosher Pareve</b></p>
<p>Dinner Roll</p>	<p>Unbromate unbleached enriched wheat flour (niacin, iron, thiamine monoitrate, riboflavin, folic acid), water, salt, sugar, dough conditioner: (soy flour, diacetyl tartaricacid esters of mono-anddiglycerides (datem), monoglycerides, soybean oil, calcium sulfate, ascorbic acid, potassium bromate, l-cysteine, dextrin, wheat starch and enzymes), yeast, sugar, calcium sulfate, enzymes, calcium propionate (preservative)  <b>Allergen Info: Wheat and Soy</b></p>
<p>Brownies</p>	<p>Sugar, enriched flour bleached (wheat flour, niacin iron, thiamine mononitrate, robiflavin, folic acid), palm oil, cocoa processed with alkali, soybean oil. Contains 2% or less of: egg white, salt, corn starch, leavening (baking soda, monocalcium phosphate), artificial flavor, soy flour, nonfat milk.            Canola Oil  <b>Allergen Info: Wheat, egg, milk and soy</b>  <b>Kosher Dairy</b></p> <p>Gluten-Free: Sugar, eggs, soybean oil, cocoa powder, chocolate chips (sugar, chocolate liquor, cocoa butter, soy lecithin, vanillin, brown rice flour, gluten-free whole oat flour, potato starch, tapioca starch, invert sugar, natural vanilla flavor, salt, xanthan gum, baking soda)  <b>Allergen Info: Eggs and soy</b>  <b>Kosher Pareve</b></p>

# Sloppy Joes

<b>Entrée</b>	<p>100% ground Turkey</p> <p>Taco Seasoning: Spices (including chili pepper, cumin, paprika, oregano), onion, whey (milk), salt, garlic, sugar, potato starch, and natural flavors</p> <p>Marinana: Tomato concentrate (water, crushed tomatoes), corn oil, salt, spices and natural flavor</p> <p>Brown sugar, sugar, salt, garlic</p> <p>Bun: Enriched wheat flour, (wheat flour, malted barley flour, niacin, reduced iron, thiamine, mononitrate, riboflavin, folic acid), water, sugar, yeast, soybean oil, salt, monoglycerides, calcium propionate, calcium sulfate, enzymes, guar gum, conditioner (diacetyl tartaric acid esthers of mono-diglycerides, enzymes (contains wheat,) ascorbic acid (witamin C), and 2% or less of each of the following: malted wheat flour, preservatives (propionic acid, phosphoric acid)</p> <p><b>Allergen Info: Wheat and soy</b> <b>Processed in a peanut and tree nut free facility</b></p>
<b>Kosher</b>	<p>Glatt kosher ground beef</p> <p>Marinana: Tomato concentrate (water, crushed tomatoes), corn oil, salt, spices and natural flavor</p> <p>Brown sugar, sugar, salt, garlic</p>
<b>Gluten-Free</b>	<p>100% ground Turkey</p> <p>Marinana: Tomato concentrate (water, crushed tomatoes), corn oil, salt, spices and natural flavor</p> <p>Brown sugar, sugar, salt, garlic</p> <p>Hamburger Bun: Gluten free flour (white rice, tapioca, corn, arrowroot, potato, soy) water, eggs, brown sugar, honey, dry yeast, palm oil, apple cider vinegar, flaxseed meal, salt, xanthan gum.</p> <p><b>Allergen Info: Eggs and Soy</b></p>
<b>Cookies</b>	<p>See Cheesy Bread <b>Allergen Info: Wheat, soy, milk, eggs Kosher Dairy</b></p> <p>Non- Dairy: <b>Allergen Info: Eggs Kosher Pareve</b></p> <p>Gluten- Free Cookie: <b>Allergen Info: Milk and egg Kosher Dairy</b></p>
<b>Potato Chips</b>	<p>Potatoes, vegetable oil (contains one or more of the following: corn, cottonseed, sunflower, soybean or canola oil), salt.</p> <p><b>Kosher Pareve</b> <b>Gluten-Free</b></p>

# Chicken Fries

<p>Entrée</p>	<p>Chicken breast with rib meat, water, isolated soy protein, vegetable protein product [soy protein concentrate, zinc oxide, niacinamide, ferrous sulfate, copper gluconate, vitamin A palmitate, calcium pantothenate, thiamine mononitrate (B1), pyridoxine hydrochloride (B6), riboflavin (B2), cyanocobalamin (B12), (may contain caramel color)], salt sodium phosphate, Breaded with: whole wheat flour, enriched wheat flour (enriched with niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), dehydrated potatoes (potatoes, mono and diglycerides, dextrose), yeast, sugar, salt, soybean oil (processing aid). Battered with: water, whole wheat flour, enriched wheat flour (enriched with niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), potato flour, salt, modified corn starch, leavening (calcium acid pyrophosphate,) monocalcium phosphate, sodium bicarbonate), flavor (contains maltodextrin, salt and natural flavors), hydrolyzed corn protein, onion powder, garlic powder, yeast extract, chicken broth, spice. Set in vegetable oil. <b>Allergen Info: Wheat and soy</b></p>
<p>Kosher</p>	<p>Chicken breast, water, chicken breast fat, bread crumbs (wheat flour (contains gluten), water, vegetable oil, salt, yeast, dextrose, paprika, turmeric), textured soy protein, potato starch, isolated soy protein, powdered cellulose, salt, sodium phosphate, spices, onion powder, garlic, celery powder. Batter: water, wheat flour (contains gluten), modified maiz starch, salt, carboxymethyl cellulose, guar gum. Breeding: wheat flour (contains gluten), water, vegetable oil, salt, yeast, dextrose, paprika, turmeric. "Browned in soybean oil" <b>Allergen Info: Wheat and soy</b></p>
<p>Gluten-Free</p>	<p>Chicken breast with rib meat, water, salt, sodium phosphates. Breaded with rice flour, dried potatoes, water, yellow corn flour, salt, corn starch, spices, tapioca dextrin, dextrose, dried garlic, dried onion, organic soybean oil, dried egg whites, spice extract. <b>Allergen Info: Eggs</b></p>
<p>Potato Wedges</p>	<p>Potatoes, vegetable oil (containing one of more of the following oils: canola, soybean, cottonseed, sunflower, corn). Contains 2% or less of dextrose, sodium acid pyrophosphate added to maintain natural color Salt, pepper, canola oil</p>
<p>Cookies</p>	<p>Enriched wheat flour (bleached flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), sugar, palm oil, chocolate chips (sugar, chocolate, cocoa butter, dextrose, soy lecithin [emulsifier], vanilla (artificial flavoring]), chocolate flavored chips (sugar, hydrogenated vegetable oil [palm kernel, coconut palm] cocoa [processed with Alkali]. Dextrose, cocoa powder, whey powder (milk) soy lecithin [emulsifier], vanilla), soybean oil, eggs, molasses, natural flavor (contains milk), salt, baking soda, soy lecithin. <b>Allergen Info: Wheat, soy, milk, eggs</b> <b>Kosher Dairy</b></p> <p>Non- Dairy: Wheat Flour, Vegetable Oil, Margarine, Sugar, Brown Sugar, Eggs, Cocoa drops, Baking Soda, Vanilla Flavor <b>Allergen Info: Eggs</b> <b>Kosher Pareve</b></p> <p>Gluten- Free Cookie: Dried cane syrup, chocolate chips (dried cane syrup, chocolate liquor, cocoa butter), brown rice flour, tapioca starch, butter, eggs, potato starch, dry molasses, vanilla extract, salt, xanthan gum, baking soda <b>Allergen Info: Milk and egg</b> <b>Kosher Dairy</b></p>

# Mac & Cheese

[Main Menu](#)

<p>Entrée</p>	<p>Elbows: Semolina (wheat), niacin, sulfate (iron), thiamin mononitrate (vitamin B1), riboflavin (Vitamin B2), and folic acid..  <b>Allergen Info: Wheat</b></p> <p>Cheese: Maltodextrin, tapioca starch, whey, modified cornstarch, soybean oil, salt, cultured dextrose, canola oil, natural flavors, 2% or less of yeast extract, corn syrup solids, sugar, potassium phosphate, sodium caseinate, calcium caseinate, color added, xanthan gum, citric acid, Yellow 5, Yellow 6, BHT (preservative), calcium phosphate, mono &amp; diglycerides, butterilk powder, spices, disodium guanylate, disodium inosinate, paprika extract color, sodium phosphate.  <b>Allergen Info: May contain soy, wheat, and egg</b></p> <p>Milk</p>
<p>Kosher</p>	<p>Buttered Noodles: See Pierogis</p> <p>Mac &amp; Cheese: cooked macaroni (durum semolina, enriched with niacin, ferrous sulfate, thiamin mononitrate, riboflavin, folic acid), whole milk, butter flavored vegetable oil (partially hydrogenated soybean oil, artificial flavor, TBHQ, citric acid, beta carotene), heavy cream (less than 1% of mono and diglycerides, polysorbate 80 and carrageenan), dehydrated cheese flavor (cheddar cheese [milk, cheese culture, slat, enzymes], whey, partially hydrogenated soybean oil, whey protein concentrate, lactose, maltodextrin, salt, sodium phosphate, citric acid, natural flavor, lactic acid), American cheese (milk, culture, salt, enzymes, cream, water, sodium citrate salt, sodium phosphate, sorbic acid, annatto), cheddar &amp; Colby jack cheeses (milk, culture, enzyme, salt, annatto), water, food starch-modified salt, cheddar buds paste (cheddar cheese [milk,starter culture, salt, enzymes], cream, water, disodium phosphate), Worcestershire sauce (vinegar, molasses, corn syrup, hydrolyzed soy &amp; corn protein, onion, tamarinds, salt garlic cloves, chili peppers, natural flavorings, shallots), sweet whey. Wite pepper, mustard, annatto.  <b>Allergen Info: Wheat, milk, soy</b></p>
<p>Gluten-Free</p>	<p>Ziti: Corn Flour, Rice Flour, mono and diglycerides.</p> <p>Margarine: Same as above  <b>Allergen Info: Soy</b>  <b>Kosher Pareve</b></p>
<p>Dinner Roll</p>	<p>Unbromate unbleached enriched wheat flour (niacin, iron, thiamine monoitrate, riboflavin, folic acid), water, salt, sugar, dough conditioner: (soy flour, diacetyl tartaricacid esters of mono-anddiglycerides (datem), monoglycerides, soybean oil, calcium sulfate, ascorbic acid, potassium bromate, l-cysteine, dextrin, wheat starch and enzymes), yeast, sugar, calcium sulfate, enzymes, calcium propionate (preservative)  <b>Allergen Info: Wheat and Soy</b></p>
<p>Brownies</p>	<p>Sugar, enriched flour bleached (wheat flour, niacin iron, thiamine mononitrate, robiflavin, folic acid), palm oil, cocoa processed with alkali, soyean oil. Contains 2% or less of: egg white, salt, corn starch, leavening (baking soda, monocalcium phosphate), artificial flavor, soy flour, nonfat milk.          Canola Oil  <b>Allergen Info: Wheat, egg, milk and soy</b>  <b>Kosher Dairy</b></p> <p>Gluten-Free: Sugar, eggs, soybean oil, cocoa powder, chocolate chips (sugar, chocolate liquor, cocoa butter, soy lecithin, vanillin, brown rice flour, gluten-free whole oat flour, potato starch, tapioca starch, invert sugar, natural vanilla flavor, salt, xanthan gum, baking soda)  <b>Allergen Info: Eggs and soy</b>  <b>Kosher Pareve</b></p>

# Egg & Cheese on a Bagel

[Main Menu](#)

<p>Entrée</p>	<p>Bagel: Unbleached unbromated enriched wheat flour (malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), water, whole wheat flour, contains 2% or less: sugar, yeast, corn meal, salt, calcium propionate (used as a preservative), monoglycerides, datem, molasses, soybean oil, L-cysteine, ascorbic acid, enzymes  <b>Allergen Info: Soy, made on shared equipment with egg and milk products.</b></p> <p>Eggs: Whole eggs, water, soybean oil, modified food starch, whey solids, salt, nonfat dried milk, and tric acid.  <b>Allergen Info: Egg, milk and soy</b></p> <p>Cheese: Cultured milk and skim milk, whey, salt, sodium citrate, modified food starch, artificial color (if colored), sodium phosphate, sorbic acid (preservative), lactic acid, enzymes, soy lecithin (non-sticking agent).  <b>Allergen Info: Milk and soy</b></p> <p>Margarine: Vegetable oil blend (palm oil, soybean oil), water. Contains 2% or less of: salt, soybean lecithin (soy), vegetable monoglycerides, citric acid (preservative), beta carotene (color), natural flavor. Vitamin A palmitate added.  <b>Allergen Info: Soy</b>  <b>Kosher Pareve</b></p>
<p>Kosher</p>	<p>Bagel and margarine: Same as above</p> <p>Cheese: American Cheese (pasteurized milk, cheese culture, salt, enzymes), water, cream, sodium citrate, salt, sorbic acid (preservative), annatto, and oleoresin, paprika (color), olive oil.  <b>Allergen Info: Milk</b></p>
<p>Gluten-Free</p>	<p>Hamburger Bun: Gluten free flour (white rice, tapioca, corn, arrowroot, potato, soy) water, eggs, brown sugar, honey, dry yeast, palm oil, apple cider vinegar, flaxseed meal, salt, xanthan gum.  <b>Allergen Info: Eggs and Soy</b></p> <p>Cheese: Same as above</p>
<p>Cookies</p>	<p>See Chicken Fries  <b>Allergen Info: Wheat, soy, milk, eggs</b>  <b>Kosher Dairy</b></p> <p>Non- Dairy: Wheat Flour, Vegetable Oil, Margarine, Sugar, Brown Sugar, Eggs, Cocoa drops, Baking Soda, Vanilla Flavor  <b>Allergen Info: Eggs</b>  <b>Kosher Pareve</b></p> <p>Gluten- Free Cookie: Dried cane syrup, chocolate chips (dried cane syrup, chocolate liquor, cocoa butter), brown rice flour, tapioca starch, butter, eggs, potato starch, dry molasses, vanilla extract, salt, xanthan gum, baking soda  <b>Allergen Info: Milk and egg</b>  <b>Kosher Dairy</b></p>
<p>Potato Chips</p>	<p>Potatoes, vegetable oil (contains one or more of the following: corn, cottonseed, sunflower, soybean or canola oil), salt.  <b>Kosher Pareve</b>  <b>Gluten-Free</b></p>

# Chicken Nuggets

<p><b>Entrée</b></p>	<p>Ingredients: Chicken, Water. Isolated Soy Protein, Sugar. Reduced Sodium Sea Sah (Sea Sah, Potassium Ci'loride, Rice Flour), Sodium Phosphates, White Pepper, Onion Powder, Garlic Powder. Breaded With: Whole Wheat Flour, Salt, Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Dextrose, Leavening (Sodium Bicarbonate, Sodium Acid Pyrophosphate, Monocalcium Phosphate), Ascorbic Acid (Vitamin C), Mono and Diglycerides, Soybean Oil, Extractives of Paprika. Battered With: Water, Whole Wheat Flour, Salt, Whey, Leavening (Calcium Acid Pyrophosphate, Monocalcium Phosphate, Sodium Bicarbonate), Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Spice, Ascorbic Acid (Vitamin C), Soybean O~ (As a Processing Aid), Garlic Powder, Xanthan Gum, Extractives of Paprika. Breeding Set In Vegetable Oil.  <b>Allergen Info: Milk, soy and wheat</b></p>
<p><b>Kosher</b></p>	<p>Chicken breast, water, chicken breast fat, bread crumbs (wheat flour (contains gluten), water, vegetable oil, salt, yeast, dextrose, paprika, turmeric), textured soy protein, potato starch, isolated soy protein, powdered cellulose, salt, sodium phosphate, spices, onion powder, garlic, celery powder. Batter: water, wheat flour (contains gluten), modified maiz starch, salt, carboxymethyl cellulose, guar gum. Breeding: wheat flour (contains gluten), water, vegetable oil, salt, yeast, dextrose, paprika, turmeric. "Browned in soybean oil"  <b>Allergen Info: Wheat and soy</b></p>
<p><b>Gluten-Free</b></p>	<p>Chicken breast with rib meat, water, salt, sodium phosphates. Breaded with rice flour, dried potatoes, water, yellow corn flour, salt, corn starch, spices, tapioca dextrin, dextrose, dried garlic, dried onion, organic soybean oil, dried egg whites, spice extract.  <b>Allergen Info: Eggs</b></p>
<p><b>Potato Wedges</b></p>	<p>Potatoes, vegetable oil (containing one of more of the following oils: canola, soybean, cottonseed, sunflower, corn). Contains 2% or less of dextrose, sodium acid pyrophosphate added to maintain natural color  Salt, pepper, canola oil</p>
<p><b>Cookies</b></p>	<p>Enriched wheat flour (bleached flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), sugar, palm oil, chocolate chips (sugar, chocolate, cocoa butter, dextrose, soy lecithin [emulsifier], vanilla (artificial flavoring]), chocolate flavored chips (sugar, hydrogenated vegetable oil [palm kemel, coconut palm] cocoa [processed with Alkali]. Dextrose, cocoa powder, whey powder (milk) soy lecithin [emulsifier], vanilla), soybean oil, eggs, molasses, natural flavor (contains milk), salt, baking soda, soy lecithin.  <b>Allergen Info: Wheat, soy, milk, eggs</b>  <b>Kosher Dairy</b></p> <p>Non- Dairy: Wheat Flour, Vegatable Oil, Margarine, Sugar, Brown Sugar, Eggs, Cocoa drops, Baking Soda, Vanilla Flavor  <b>Allergen Info: Eggs</b>  <b>Kosher Pareve</b></p> <p>Gluten- Free Cookie: Dried cane syrup, chocolate chips (dried cane syrup, chocolate liquor, cocoa butter), brown rice flour, tapioca starch, butter, eggs, potato starch, dry molasses, vanilla extract, salt, xanthan gum, baking soda  <b>Allergen Info: Milk and egg</b>  <b>Kosher Dairy</b></p>

# Waffles & Eggs

<p>Entrée</p>	<p>Waffles: Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Vitamin B1 [Thiamin Mononitrate], Vitamin B2 [Riboflavin], Folic Acid), Water, Vegetable Oil (Soybean, Palm and/or Canola), Eggs, Leavening (Baking Soda, Sodium Aluminum Phosphate, Monocalcium Phosphate), Contains 2% or less of Sugar, Salt, Whey, Soy Lecithin, Beta-Carotene for Color. Vitamins and Minerals: Calcium Carbonate, Reduced Iron, Vitamin A Palmitate, Vitamin B6 (Pyridoxine Hydrochloride), Vitamin B12.  <b>Allergen Info: Wheat, eggs, milk and soy</b>  <b>Kosher Dairy</b></p> <p>Eggs: Whole eggs, water, soybean oil, modified food starch, whey solids, salt, nonfat dried milk, and tric acid.  <b>Allergen Info: Eggs, milk and soy</b></p>
<p>Kosher</p>	<p>Waffles are Kosher</p>
<p>Gluten-Free</p>	<p>Water, Van's foods gluten free mix (brown rice flour, potato starch, tapioca starch, rice flour, soy flour), cane sugar, non-GMO expeller pressed canola oil, baking powder (sodium acid pyrophosphate, baking soda, rice flour, monocalcium phosphate), molasses, soy lecithin, guar gum.  <b>Allergen Info: Soy</b>  <b>Kosher Dairy</b></p>
<p>Syrup</p>	<p>Water, high fructose corn syrup sugar, corn syrup, cellulose gum, natural and artificial flavor, xanthan gum, potassium sorbate and sodium benzoate added as preservatives, caramel color, and phosphoric acid.  <b>Kosher Pareve</b></p>
<p>Tater Tots</p>	<p>Potatoes, vegetable oil (contains one or more of the following: canola oil, soybean oil, sunflower oil, cottonseed oil, palm oil, corn oil, hydrogenated cottonseed oil, and/or soybean oil and/or canola oil), salt, dextrose, disodium dihydrogen pyrophosphate to promote color retention  <b>Allergen Info: Soy</b>  <b>Kosher Pareve</b></p>
<p>Tossed Salad</p>	<p>Iceberg lettuce, carrots, red cabbage.</p>
<p>Apples</p>	<p>Fresh Apples</p>



# Chef's Choice

Entrée	Lunch will be at least one of the previous options
Kosher	
Gluten-Free	
Tossed Salad	Iceberg lettuce, carrots, red cabbage.
Cookies	<p>Enriched wheat flour (bleached flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), sugar, palm oil, chocolate chips (sugar, chocolate, cocoa butter, dextrose, soy lecithin [emulsifier], vanilla (artificial flavoring)), chocolate flavored chips (sugar, hydrogenated vegetable oil [palm kernel, coconut palm] cocoa [processed with Alkali]. Dextrose, cocoa powder, whey powder (milk) soy lecithin [emulsifier], vanilla), soybean oil, eggs, molasses, natural flavor (contains milk), salt, baking soda, soy lecithin.  <b>Allergen Info: Wheat, soy, milk, eggs</b>  <b>Kosher Dairy</b></p> <p>Non- Dairy: Wheat Flour, Vegetable Oil, Margarine, Sugar, Brown Sugar, Eggs, Cocoa drops, Baking Soda, Vanilla Flavor  <b>Allergen Info: Eggs</b>  <b>Kosher Pareve</b></p> <p>Gluten- Free Cookie: Dried cane syrup, chocolate chips (dried cane syrup, chocolate liquor, cocoa butter), brown rice flour, tapioca starch, butter, eggs, potato starch, dry molasses, vanilla extract, salt, xanthan gum, baking soda  <b>Allergen Info: Milk and egg</b>  <b>Kosher Dairy</b></p>
Potato Chips	Potatoes, vegetable oil (contains one or more of the following: corn, cottonseed, sunflower, soybean or canola oil), salt. <b>Kosher Pareve</b> <b>Gluten-Free</b>
Apples	Apples

# Salad Bar

[Main Menu](#)

Tossed Salad	Iceberg lettuce, carrots, red cabbage.	Apple Sauce	Apples, water, ascorbic acid <b>Gluten-Free</b>
Corn	Corn, water sugar and salt	Chunk Tuna	Tuna fish (tonggol tuna), water, vegetable broth and salt. Kosher
Pasta Salad	<p>Pasta: Semolina(Wheat), dried spinach, dried tomato, niacin, iron (ferrous sulfate), thiamine mononitrate, riboflavin and folic acid.  <b>Allergen Info: Wheat</b>  <b>Manufactured in a facility that uses eggs.</b></p> <p>Dressing: Water, vinegar, soybean oil, sugar, salt, contains 2% or less of: dried garlic, xanthan gum, spices, dried onion, dried red bell pepper, paprika, bet-carotene (color), potassium sorbate, and calcium disodium EDTA ( to protect flavor)  <b>Allergen Info: Soybean Oil</b></p>		
Croutons	<p>Enriched wheat flour (wheat flour, niacin, reduced iron, thiamine, mononitrate, riboflavin, folic acid), canola, salt, sugar, rice flour, garlic powder, yeast, romano cheese, (milk, cheese culture, salt, enzymes), dehydrated parsley, onion powder, yeast extract, natural flavor, spices  <b>Allergen Info: Wheat and Milk</b></p>		
Hummus	<p>Fresh steamed chickpea, water, sesame tahini, sunflower oil, olive oil, sea salt, citric acid, garlic, cumin, guar gum.  <b>Allergen Info: Sesame</b></p>		
Shredded Cheddar	<p>Pasteurized milk, cheese cultures, salt, enzymes, annatto coloring, potato starch, corn starch, dextrose, calcium sulfate, enzymes.  <b>Allergen Info: Milk</b></p>		
Ranch Dressing	<p>Water, vegetable oil (soy and/or canola oil), distilled vinegar, corn syrup, cider vinegar, egg yolks sugar, salt, seasoning (salt, monosodium glutamate, dehydrated onion and garlic. Sour cream solids, buttermilk solids, lactic acid, sugar, spices, whey solids, parsley, dioxide added to prevent caking), xanthan gum, potassium sorbate and sodium benzoate added as a preservative, natural flavors, calcium disodium EDTA added to protect flavor.  <b>Allergen Info: Milk and eggs</b></p>		
Raspberry Vinaigrette Dressing	<p>Water, vinegar, high fructose corn syrup, sugar, corn syrup solids, contains less than 2% of: cucumber juice, red raspberry juice, salt, xanthan gum, potassium sorbate and calcium disodium EDTA as a preservative, maltodextrin, onion, red bell peppers, citric acid, garlic, artificial flavor, red #40, blue #1.  <b>Kosher</b></p>		
Balsamic Vinaigrette Dressing	<p>Water, balsamic vinegar, high fructose corn syrup, maltodextrin, corn syrup solids, red wine vinegar, salt, contains less than 2% of: burgundy wine, distilled vinegar, xanthan gum, spice, potassium sorbate, and calcium disodium EDTA as preservative, garlic, sodium alginate, modified food starch, onion, beet powder, white wine, citric acid, tartaric acid.  <b>Gluten-Free</b></p>		
Italian Dressing	<p>Water, vinegar, soybean oil, sugar, salt, contains 2% or less of: dried garlic, xanthan gum, spices, dried onion, dried red bell pepper, paprika, bet-carotene (color), potassium sorbate, and calcium disodium EDTA ( to protect flavor)  <b>Allergen Info: Soybean Oil</b></p>		
Mayonnaise	<p>Pure vegetable oil (soybean and/or canola oil), distilled vinegar, egg yolk, salt, sugar, spices and calcium disodium EDTA added as a preservative.  <b>Allergen Info: Eggs</b></p>		

# Sandwiches

Sunbutter	Roasted sunflower seeds, sugar, mono-diglycerides, salt <b>Processed in a peanut free and treenut free facility</b>
Jelly	Concord grapes, high fructose corn syrup, corn syrup, contains 2% or less of fruit pectin, citric acid and sodium citrate
Tuna	Tuna fish (tonggol tuna), water, vegetable broth and salt. Pure vegetable oil (soybean and/or canola oil), distilled vinegar, egg yolk, salt, sugar, spices and calcium disodium EDTA added as a preservative. <b>Allergen Info: Eggs</b>
Turkey	Turkey breast, turkey broth and 2% or less of: alt, modified food starch, dextrose, carrageenan, sodium citrate, sodium phosphate, sugar, natural flavorings, sodium diacetate, browned In vegetable oil <b>Gluten-Free</b>
Cream Cheese	Pasteurized cultured milk and cream, salt, stabilizers (xanthan, carob bean, and or guar gums). <b>Allergen Info: Milk</b> <b>Kosher Dairy</b>
Margarine	Vegetable oil blend (palm oil, soybean oil), water. Contains 2% or less of: salt, soybean lecithin (soy), vegetable monoglycerides, citric acid (preservative), beta carotene (color), natural flavor. Vitamin A palmitate added. <b>Allergen Info: Soy</b> <b>Kosher Pareve</b>
Bagel	Bagel: Unbleached unbromated enriched wheat flour (malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), water, whole wheat flour, contains 2% or less: sugar, yeast, corn meal, salt, calcium propionate (used as a preservative), monoglycerides, datem, molasses, soybean oil, L-cysterine, ascorbic acid, enzymes <b>Allergen Info: Soy, made on shared equipment with egg and milk products.</b>
Sandwich Bread	Bread: Enriched flour (wheat flour, malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), water, whole wheat flour, high fructose corn syrup, wheat gluten, contains 2% or less of the following: soybean oil, crushed wheat, salt, yeast, calcium sulfate, mono and diglycerides with ascorbic acid (preservative) and citric acid (preservative), caramel color with sulfites, sodium stearyl lactylate, calcium propionate (a preservative), guar gum, wheat flour, datem, enzymes, ascorbic acid (dough conditioner), ammonium sulfate, high oleic canola oil <b>Allergen Info: Wheat and soy</b> <b>Kosher Pareve</b>
Raspberry yogurt	Cultured pasteurized grade A nonfat milk, sugar, water, raspberries, modified corn starch, whey, natural flavors, purple carrot concentrate (for color), tricalcium phosphate, gellan gum, potassium sorbate (for freshness), citric acid, carob bean bum, vitamin D3
Strawberry Banana yogurt	Cultured pasteurized grade A nonfat milk, sugar, water, strawberries, bananas, modified corn starch, whey, natural flavors, purple carrot concentrate (for color), tricalcium phosphate, gellan gum, potassium sorbate (for freshness), citric acid, carob bean bum, vitamin D3
Cherry Vanilla Yogurt	Cultured pasteurized grade A nonfat milk, sugar, water, modified corn starch, whey, natural flavors, purple carrot concentrate (for color), tricalcium phosphate, gellan gum, potassium sorbate (for freshness), citric acid, annatto, carob bean bum, vitamin D3

# Ice Cream

Brown Cow	Light ice cream contains: milkfat and nonfat milk, corn syrup, sugar, whey, whey protein concentrate, mono & diglycerides, natural & artificial flavor, guar gum, locust bean gum, polysorbate 80, carrageenan, vitamin a palmitate. Chocolate flavored coating contains: coconut oil, sugar, cocoa processed with alkali, chocolate liquor, partially hydrogenated soybean oil, soy lecithin, salt, vanilla. <b>Allergen Info: Milk and soy</b>
Fudgesicle	Water, corn syrup, sugar, whey, cocoa processed with alkali, skim milk, whey protein concentrate, guar gum, locust bean gum, mono & diglycerides. <b>Allergen Info: Milk</b>
Ice Cream Sandwich	Ice cream contains: milkfat and nonfat milk, sugar, corn syrup, buttermilk, whey, mono and diglycerides, guar gum, carob bean gum, polysorbate 80, carrageenan, natural and artificial flavors and annatto (for color). Wafers contain: bleached wheat flour, sugar, caramel color, dextrose, palm oil, corn flour, contains 2% or less of corn syrup, baking soda, modified corn starch, salt, mono & diglycerides, soy lecithin, cocoa. <b>Allergen Info: Milk, wheat and soy</b>
Ice Cream Bar	Ingredients: light ice cream contains: milkfat and nonfat milk, corn syrup, sugar, whey, whey protein concentrate, mono & diglycerides, natural & artificial flavor, guar gum, locust bean gum, polysorbate 80, carrageenan, vitamin a palmitate. Chocolate flavored coating contains: coconut oil, sugar, cocoa processed with alkali, chocolate liquor, partially hydrogenated soybean oil, soy lecithin, salt, vanilla. <b>Contains: Milk and soy</b>
Chocolate Banana Pop	Banana, Filtered Water, Organic Agave Nectar, Cocoa Powder (Processed With Alkali)
Strawberry Lemonade Pop	Strawberries, Filtered Water, Organic Agave Nectar, Lemon Juice
Chocolate Dixie Cup	Milk, Cream, Sugar, Corn Syrup, Cocoa (Processed With Alkali), Nonfat Dry Milk, Dry Whey, Propylene Glycol Alginate, Mono-Diglycerides, Carob Bean Gum, Cellulose Gum, Guar Gum, Carrageenan. <b>Allergen Info: Milk</b>
Vanilla Dixie Cup	Milk, Cream, Sugar, Corn Syrup, Nonfat Dry Milk, Dry Whey, Less Than 2% of Propylene Glycol Alginate, Mono-Diglycerides, Carob Bean Gum, Cellulose Gum, Guar Gum, Carrageenan, Vanilla, Natural Flavor, Annatto And Tumeric Color. <b>Allergen Info: Milk</b>