

2021	Monday	Tuesday	Wednesday	Thursday	Friday
Weeks 1 and 5	<p><u>Pizza Pizza!</u> <u>Tossed Salad</u> <u>Potato Chips</u> <u>Chocolate Pudding</u> <u>Apples</u></p>	<p><u>French Toast Sticks</u> <u>with Syrup</u> <u>Tater Tots</u> <u>Tossed Salad</u> <u>Apples</u></p>	<p><u>Chicken Patty Sandwich</u> <u>Tossed Salad</u> <u>Mashed Potatoes</u> <u>Cookies</u> <u>Watermelon</u></p>	<p><u>Baked Ziti</u> <u>or Buttered Noodles</u> <u>Dinner Roll</u> <u>Tossed Salad</u> <u>Brownies</u> <u>Apples</u></p>	<p><u>Hamburgers & Hot Dogs</u> <u>Tossed Salad</u> <u>Potato Chips</u> <u>Cookies</u> <u>Watermelon</u></p>
Weeks 2 and 6	<p><u>Cheese Quesadilla</u> <u>Rice and Beans</u> <u>Tossed Salad</u> <u>Chocolate Pudding</u> <u>Apples</u></p>	<p><u>Barry's Grilled Cheese</u> <u>Tossed Salad</u> <u>Mashed Potatoes</u> <u>Granola Parfait</u> <u>Apples</u></p>	<p><u>Popcorn Chicken</u> <u>Tossed Salad</u> <u>Tater Tots</u> <u>Jello</u> <u>Watermelon</u></p>	<p><u>Potato Pierogis</u> <u>or Buttered Noodles</u> <u>Dinner Roll</u> <u>Cookies</u> <u>Apples</u></p>	<p><u>Sweet & Sour Meatballs</u> <u>Pineapple Rice</u> <u>Tossed Salad</u> <u>Cookies</u> <u>Watermelon</u></p>
Weeks 3 and 7	<p><u>Pizza Pizza!</u> <u>Tossed Salad</u> <u>Potato Chips</u> <u>Chocolate Pudding</u> <u>Apples</u></p>	<p><u>Short Stack of Pancakes</u> <u>with Syrup</u> <u>Tater Tots</u> <u>Tossed Salad</u> <u>Apples</u></p>	<p><u>Chicken Patty Sandwich</u> <u>Tossed Salad</u> <u>Mashed Potatoes</u> <u>Cookies</u> <u>Watermelon</u></p>	<p><u>Mac & Cheese</u> <u>or Buttered Noodles</u> <u>Dinner Roll</u> <u>Tossed Salad</u> <u>Brownies</u> <u>Apples</u></p>	<p><u>Hamburgers & Hot Dogs</u> <u>Tossed Salad</u> <u>Potato Chips</u> <u>Cookies</u> <u>Watermelon</u></p>
Weeks 4 and 8	<p><u>Cheesy Bread</u> <u>Tossed Salad</u> <u>Corn Chips</u> <u>Chocolate Pudding</u> <u>Apples</u></p>	<p><u>Barry's Grilled Cheese</u> <u>Tossed Salad</u> <u>Mashed Potatoes</u> <u>Granola Parfait</u> <u>Apples</u></p>	<p><u>Chicken Tenders</u> <u>Tossed Salad</u> <u>Potato Chips</u> <u>Jello</u> <u>Watermelon</u></p>	<p><u>Egg & Cheese on a Bagel</u> <u>Tossed Salad</u> <u>Potato Chips</u> <u>Watermelon</u> <u>Cookies</u></p>	<p><u>Meatball Heroes</u> <u>Tossed Salad</u> <u>Potato Chips</u> <u>Cookies</u> <u>Watermelon</u></p>
<u>Salad Bar</u>		<u>Sandwich Options</u>		<u>Ice Cream and Snacks</u>	

Pizza Pizza!

[Main Menu](#)

Entrée	Dough: Wheat flour enriched (niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), malted barley flour, water, yeast, canola oil, sugar, salt, dehydrated garlic, dehydrated onion, and white pepper Cheese: Pasteurized milk, cheese cultures, salt, and enzymes Sauce: Fresh tomatoes and salt Allergen Info: Wheat and Milk
Kosher	Pizza: Flour, water, Tomatoes, Mozzarella/Muenster Cheese (pasteurized milk/skim milk, cultures, salt, enzymes, powdered cellulose), sugar, salt, yeast, spices & conditioners. Kosher Dairy. Allergen Info: Wheat and Milk
Gluten-Free	Pizza: Rice flour, water, tapioca flour, potato flour, olive oil, sugar, fresh yeast, salt, xanthan gum, mozzarella cheese, pasteurized milk, cultures, salt, enzymes, modified food starch, powdered cellulose (added to prevent caking), nonfat milk, whey protein concentrate, cheddar cheese, pasteurized milk, cultures, salt, enzymes, provolone cheese, pasteurized milk, cultures, salt, enzymes, sodium citrate, annatto, water, concentrated crushed tomatoes, tomato puree (water, tomato paste), sugar, salt, spice, liquid and partially hydrogenated soybean oil, citric acid, dehydrated onions, garlic, romano cheese, milk, cheese cultures, salt, enzymes, calcium chloride, water, disodium phosphate, onion powder Allergen Info: Milk and Soy
Tossed Salad	Iceberg lettuce, carrots, red cabbage.
Potato Chips	Potatoes, vegetable oil (contains one or more of the following: corn, cottonseed, sunflower, soybean or canola oil), salt. Kosher pareve and Gluten Free
Chocolate Pudding	Pudding: Non Fat Milk, Water, Sugar, Modified Corn Starch, Cocoa (Processed With Alkali), Less Than 2% Of: Salt, Carrageenan, Artificial Flavors, Color Added. Kosher Dairy. Allergen Info: Milk
Apples	Fresh Apples

French Toast Sticks

[Main Menu](#)

Entrée	<p>Bread (enriched wheat flour [wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid], water, sugar, yeast, yellow corn flour, salt, soybean oil, wheat gluten, grain vinegar, glyceryl monooleate, soy lecithin, turmeric [color], paprika extract [color], polysorbate 60, polysorbate 80, ascorbic acid, enzymes, cultured wheat flour), water, soybean oil, enriched bleached wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), enriched wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), sugar, yellow corn flour, contains less than 2% of the following: carrageenan, dextrose, gum arabic, leavening (baking soda, monocalcium phosphate), natural and artificial flavor, polysorbate 80, salt, soy flour, soy lecithin, yeast.</p> <p>Allergen Info: Milk, eggs, wheat and soy</p>
Kosher	<p>Pancakes: Enriched flour (wheat flour, malted barley flour, niacin, iron, thiamine mono nitrate, riboflavin, folic acid) water, buttermilk, soy oil, dry whey, sugar, whole egg, leavening (sodium acid pyrophosphate, baking soda, mono calcium phosphate), soy lecithin, salt</p> <p>Allergen Info: wheat, eggs, milk and soy.</p> <p>Kosher Dairy</p>
Gluten-Free	<p>Pancakes: Water, Van's foods gluten free mix (brown rice flour, potato starch, tapioca starch, rice flour, soy flour), cane sugar, non-GMO expeller pressed canola oil, baking powder (sodium acid pyrophosphate, baking soda, rice flour, monocalcium phosphate), molasses, soy lecithin, guar gum.</p> <p>Allergen Info: Soy</p>
Syrup	<p>Corn Syrup, High Fructose Corn Syrup, Water, Salt, Caramel Color, Natural and Artificial Flavors.</p> <p>Kosher Pareve</p>
Tater Tots	<p>Potatoes, Vegetable Oil, Salt, Dextrose, Sodium Acid Pyrophosphate</p> <p>Kosher pareve.</p> <p>Allergen Info: Soy, Canola</p>
Tossed Salad	<p>Iceberg lettuce, carrots, red cabbage.</p>
Apples	<p>Fresh Apples</p>

Chicken Patty Sandwich

[Main Menu](#)

<p>Entrée</p>	<p>Boneless Chicken Breast with Rib Meat, Water, Vegetable Protein Product [Soy Protein Concentrate, Zinc Oxide, Niacinamide, Ferrous Sulfate, Copper Gluconate, Vitamin A Palmitate, Calcium Pantothenate, Thiamine Mononitrate (B1), Pyridoxine Hydrochloride (B6) Riboflavin (b2) and Cyanocobalamin (B12)], Dried Whole Egg. Contains 2% or Less of Salt, Rice Starch, Onion Powder, Garlic Powder, Yeast Extract, Natural Flavors, Maltodextrin, Spice, Citric Acid. Breaded With: Whole Wheat Flour, Water, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Modified Corn Starch, Whole Grain Yellow Corn Flour, Salt, Spices, Dried Garlic, Dried Onion, Yeast Extract, Paprika Extract (Color), Soybean Oil, Yeast, Sugar, Wheat Gluten, Dextrose, Spice Extract. Breeding Set in Vegetable Oil. Allergen Info: Egg, Soy, Wheat</p> <p>Bun: Whole grain wheat flour, enriched wheat flour, (Wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), sugar, yeast, soybean oil, honey, wheat starch, calcium stearate (caking agent), salt, wheat gluten, water, monoglycerides (with Propionic Acid and Phosphoric Acid added as preservatives), calcium stearoyl lactylate [CSL], Calcium propionate, sodium stearoyl lactylate, vinegar, calcium sulfate, monocalcium phosphate, ammonium sulfate, enzymes, ascorbic acid, [wheat], azodicarbonamide (ADA), L-Cysteine hydrochloride, calcium peroxide. Buns are Kosher pareve. Allergen Info for Buns: Soy and Wheat</p>
<p>Kosher</p>	<p>Chicken Patty (water, chicken breast with rib meat, bread crumbs [enriched wheat flour (enriched with niacin, ferrous sulfate, thiamine mononitrate, riboflavin, folic acid), contains 2% or less of partially hydrogenated soybean oil with TBHQ, iodized salt, caramel color, calcium propionate & oleoresin, paprika], mechanically separated chicken, chicken fat, batter [yellow corn flour, modified food starch, salt, onion powder, garlic powder, hydrolyzed corn protein, spice, natural flavors], bread coating [enriched bleached wheat flour 9bleached wheat flour, malted barley flour, niacin, reduced iron, thiamine, mononitrate, riboflavin, folic acid] dried egg whites, modified food starch, partially hydrogenated soybean oil] textured soy protein concentrate, instant potatoes [dehydrated potatoes, mono & diglycerides, sodium acid pyrophosphate, sodium bisulfate, citric acid, mixed tocopherols added to protect freshness], seasoning base [dextrose, corn starch, salt, dehydrated vegetables (celery, potatoes, carrots), hydrogenated vegetable shortening (soy, corn or canola oil), garlic & spices] salt, modified food starch, garlic powder, onion powder, spices). Kosher Meat. Allergen Info: Wheat, Eggs and Soy</p>
<p>Gluten-Free</p>	<p>INGREDIENTS: chicken breast with rib meat, water, salt, sodium phosphates. BREADED WITH: rice flour, dried potatoes, water, yellow corn flour, salt, corn starch, spices, tapioca dextrin, dextrose, dried garlic, dried onion, organic soybean oil, dried egg whites, spice extract. Allergen Info: Eggs</p> <p>Bun: Water, UDI's best blend (tapioca starch, brown rice & potato flour, resistant corn starch), non-GMO vegetable oil (canola or sunflower or safflower), egg whites, cane syrup, tapioca maltodextrin, evaporated cane juice, tapioca syrup, yeast, sugarcane fiber, salt, gum (xanthan gum, sodium alginate, guar gum), cultured corn syrup solids (natural mold inhibitor, xanthan gum, enzymes). Allergen Info: Eggs and Milk</p>
<p>Mashed Potatoes</p>	<p>Potatoes, mono and diglycerides (vegetable emulsifier), sodium acid pyrophosphate (preserve freshness), Vitamin C (ascorbic acid) and sodium bisulfite, citric acid, BHT to preserve freshness. Kosher pareve.</p>
<p>Cookies</p>	<p>Non-Dairy Sugar Cookie: Unbleached enriched flour (wheat flour, niacin, reduced iron, thiamine mononitrate {vitamin B1}, riboflavin {vitamin B2}, folic acid), sugar, palm oil, salt, high fructose corn syrup, baking soda, natural and artificial flavor, soy lecithin. Allergen Info: Wheat and eggs</p> <p>GTF Cookie: Chocolate chips (evaporated cane juice, chocolate liquor, cocoa butter), evaporated cane juice, udi's best blend (brown rice flour, tapioca & potato starch), butter, whole eggs, sugar, dry molasses, vanilla extract, salt, xanthan gum, baking soda. Allergen Info: Egg and Milk</p>
<p>Watermelon</p>	<p>Fresh watermelon</p>

Baked Ziti

<p>Entrée</p>	<p>Ziti: Semolina (wheat), dried spinach, dried tomato, niacin, iron (ferrous sulfate), thiamin mononitrate, riboflavin and folic acid.</p> <p>Mozzarella Cheese: pasteurized milk, cheese culture, salt, enzymes, cellulose</p> <p>Ricotta Cheese: Milk pasteurized whole, vinegar, salt</p> <p>Marinara Sauce: Tomatoes Concentrated (Water, Crushed Tomatoes), Corn Oil, Salt, Spices and Natural Flavors. Allergen Info: Wheat and Milk</p>
<p>Kosher</p>	<p>Buttered Noodles:</p> <p>Ziti: Semolina (wheat), dried spinach, dried tomato, niacin, iron (ferrous sulfate), thiamin mononitrate, riboflavin and folic acid.</p> <p>Margarine: partially hydrogenated palm oil and palm kernel oil, liquid soybean oil, water, salt, vegetable mono and diglycerides, soybean lecithin, potassium sorbate and citric acid (preservatives), colored with beta carotene, vitamin a palmitate, and artificial color.</p> <p>Allergen Info: Wheat and Soy</p>
<p>Gluten-Free</p>	<p>Ziti: Corn Flour, Rice Flour, mono and diglycerides.</p>
<p>Dinner Roll</p>	<p>Rolls: Whole White Wheat Flour, Water, Yeast, Wheat Gluten, Sugar, Contains less than 2% of each of the Following: Soybean Oil, Cultured Wheat Flour, Salt, Calcium Sulfate, Vinegar, Raisin Juice Concentrate, Datem, Monoglycerides, Wheat Flour, Guar Gum, Ethoxylated Mono And Diglycerides, Hydrogenated Soybean Oil, Enzymes, Vitamin O2 Bakers Yeast, Ascorbic Acid (Dough Conditioner), Ammonium Sulfate, High Oleic Sunflower Oil. Kosher pareve. Allergen Info: Wheat and Soy</p>
<p>Tossed Salad</p>	<p>Iceberg lettuce, carrots, red cabbage.</p>
<p>Brownies</p>	<p>Brownie: Sugar, enriched flour bleached (wheat flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), palm oil, cocoa processed with alkali, soybean oil, contains 2% or less of: egg white, salt, corn starch, leavening (baking soda, monocalcium phosphate), artificial flavor, soy flour, nonfat milk. Kosher Dairy. Allergen Info: Wheat, egg, milk and soy</p> <p>Gluten Free Brownie: sugar, eggs, soybean oil, cocoa powder, chocolate chips (sugar, chocolate liquor, cocoa buffer, soy lecithin, vanillin), brown rice flour. Gluten free whole oat flour potato starch, tapioca starch. invert sugar, natural vanilla flavor, xanthan gum, baking soda Allergen Info: Eggs and Soy</p>
<p>Apples</p>	<p>Fresh Apples</p>

Hamburgers & Hot Dogs

[Main Menu](#)

<p>Entrée</p>	<p>Hamburger: 100% pure ground beef</p> <p>Hot Dog: Beef, Water, contains 2% or less of: salt, sodium lactate, spices, hydrolyzed soy protein, paprika, sodium diacetate, garlic powder, sodium erythorbate, flavorings, sodium nitrite Hot Dogs are Kosher Meat. Allergen Info for Hot dogs: Soy</p> <p>Veggie Burger: Carrots, Onions, String Beans, Oat Bran, Soybeans, Zucchini, Expeller Pressed Canola Oil, Peas, Broccoli, Corn, Soy Flour, Spinach, Red Peppers, Arrowroot Powder, Corn Starch, Garlic, Corn Meal, Sea Salt, Parsley, Black Pepper Veggie burgers are Kosher pareve and Vegan. Allergen info: Soy</p> <p>Bun: Whole grain wheat flour, enriched wheat flour, (Wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), sugar, yeast, soybean oil, honey, wheat starch, calcium stearate (caking agent), salt, wheat gluten, water, monoglycerides (with Propionic Acid and Phosphoric Acid added as preservatives), calcium stearoyl lactylate [CSL], Calcium propionate, sodium stearoyl lactylate, vinegar, calcium sulfate, monocalcium phosphate, ammonium sulfate, enzymes, ascorbic acid, enzymes [wheat], azodicarbonamide (ADA), L-Cysteine hydrochloride, calcium peroxide. Buns are Kosher pareve. Allergen Info for Buns: Soy and Wheat</p>
<p>Kosher</p>	<p>Glatt Kosher Burger: 100% pure Ground Beef Hot Dogs are Kosher Meat</p>
<p>Gluten-Free</p>	<p>Hamburger Bun: Water, UDI's best blend (tapioca starch, brown rice & potato flour, resistant corn starch), non-GMO vegetable oil (canola or sunflower or safflower), egg whites, cane syrup, tapioca maltodextrin, evaporated cane juice, tapioca syrup, yeast, sugarcane fiber, salt, gum (xanthan gum, sodium alginate, guar gum), cultured corn syrup solids (natural mold inhibitor, xanthan gum, enzymes. Allergen Info: Eggs and Milk</p> <p>Hotdog Bun: Water, Udi's best blend (tapioca starch, brown rice & potato flour, resistant corn starch), non-gmo vegetable oil (canola or sunflower or safflower), egg whites, cane syrup, tapioca maltodextrin, evaporated cane juice, tapioca syrup, yeast, sugarcane fiber, salt, gum (xanthan gum, sodium alginate, guar gum), cultured corn syrup solids (natural mold inhibitor), xanthan gum, enzymes. Kosher pareve.</p>
<p>Cookies</p>	<p>Non-Dairy Sugar Cookie: Unbleached enriched flour (wheat flour, niacin, reduced iron, thiamine mononitrate {vitamin B1}, riboflavin {vitamin B2}, folic acid), sugar, palm oil, salt, high fructose corn syrup, baking soda, natural and artificial flavor, soy lecithin. Kosher pareve. Allergen Info: Wheat and eggs</p> <p>GTF Cookie: Chocolate chips (evaporated cane juice, chocolate liquor, cocoa butter), evaporated cane juice, udi's best blend (brown rice flour, tapioca & potato starch), butter, whole eggs, sugar, dry molasses, vanilla extract, salt, xanthan gum, baking soda. Allergen Info: Egg and Milk</p>
<p>Potato Chips</p>	<p>Potatoes, vegetable oil (contains one or more of the following: corn, cottonseed, sunflower, soybean or canola oil), salt. Kosher pareve and Gluten Free</p>
<p>Watermelon</p>	<p>Fresh watermelon</p>

Cheese Quesadilla

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<p>Entrée</p>	<p>Tortilla: Bleached Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine mononitrate, Riboflavin, Folic Acid), Water, Blend of Vegetable Oils (Soybean Oil, Hydrogenated Cottonseed Oil), Contains 2% or less of the following: Baking Powder (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Corn Starch, Monocalcium Phosphate), Salt, Mono and Diglycerides, Calcium Propionate (preservative), Fumaric Acid, Potassium Sorbate (preservative). Allergen Info: Wheat</p> <p>Cheeses: Monterey jack cheese (cultured pasteurized milk, salt, enzymes) and cheddar cheese (cultured pasteurized milk, salt, enzymes, annatto color), potato starch and corn starch (anticaking agents), and natamycin (a natural mold inhibitor) Allergen Info: Wheat and Milk</p> <p>Rice: Long grain parboiled rice enriched with iron (ferric phosphate), niacin, thiamine, mononitrate & folic acid Kosher pareve</p> <p>Pinto Beans: Organic pinto beans, water, sea salt, calcium chloride. Kosher pareve</p> <p>Margarine: Vegetable Oil Blend (Soybean Oil, Palm Oil, Palm Kernel Oil), Water, Salt, Soybean Lecithin (Soy) and Vegetable Mono & Diglycerides, Potassium Sorbate and Citric Acid added as preservatives. Colored with Beta Carotene. Artificial Butter Flavor. Vitamin A Palmitate added Kosher pareve. Allergen Info: Soy</p>
<p>Kosher</p>	<p>Tortilla: Water, modified food starch(corn starch, tapioca starch), rice flour, soy flour, dextrose, soybean oil, milled chia seed, yeast, contains 2% or less of the following: potato starch, xanthan gum, salt, rice starch, maltodextrin, polyglycerol esters of fatty acids (emulsifier), mono and diglycerides, fumaric acid, calcium propionate (to maintain freshness), baking powder (sodium acid pyrophosphate, sodium bicarbonate, corn starch, monocalcium phosphate).</p> <p>Cheeses: Pasteurized part skim milk, Salt, Enzymes, Powdered Cellulose (Anti-Caking Agent). Kosher Dairy. Allergen Info: Wheat and Milk</p> <p>Rice and Beans: See above.</p>
<p>Gluten-Free</p>	<p>Gluten-Free Tortilla: Water, modified food starch(corn starch, tapioca starch), rice flour, soy flour, dextrose, soybean oil, milled chia seed, yeast, contains 2% or less of the following: potato starch, xanthan gum, salt, rice starch, maltodextrin, polyglycerol esters of fatty acids (emulsifier), mono and diglycerides, fumaric acid, calcium propionate (to maintain freshness), baking powder (sodium acid pyrophosphate, sodium bicarbonate, corn starch, monocalcium phosphate). Kosher Pareve. Allergen Info: Soy</p> <p>Cheeses: Pasteurized part skim milk, Salt, Enzymes, Powdered Cellulose (Anti-Caking Agent). Kosher Dairy. Allergen Info: Milk and Soy</p> <p>Rice and Beans: See above.</p>
<p>Salsa</p>	<p>Diced tomatoes, water, jalapeno peppers, tomato paste, onions, distilled vinegar, dehydrated onions, salt, dehydrated garlic, natural flavor</p>
<p>Chocolate Pudding</p>	<p>Water, sugar, skim milk, food starch-modified (corn), dextrose, vegetable oil (contains one or more of the following: soybean oil, canola oil, sunflower oil), cocoa (processed with alkali), contain 1 percent or less of the following: salt, artificial flavor, sodium phosphate, sodium stearyl lactylate, color added (including yellow 6). Kosher Dairy. Allergen Info: Milk</p>
<p>Apples</p>	<p>Fresh apples</p>

Barry's Grilled Cheese

[Main Menu](#)

<p>Entrée</p>	<p>Bread: Water, modified tapioca starch, rice starch, canola oil, brown rice flour (rice flour, rice bran), sorghum flour, cane sugar, tapioca whites, flax seed, amaranth flour, modified cellulose, teff flour, cultured brown rice, brown rice, salt, yeast, guar gum, xanthan gum, enzymes. Allergen Info: Eggs</p> <p>Cheese: Non-Fat Milk, American Cheese (Milk, Cheese Cultures, Salt, enzymes), Whey, Palm Oil, Casein, Modified Food Starch, Natural Flavor, Maltodextrin, Sodium Citrate, Salt, Lactic Acid, Sorbic Acid (preservative), Artificial Color, Soy Lecithin (non-sticking agent)</p> <p>Margarine: Vegetable Oil Blend (Soybean Oil, Palm Oil, Palm Kernel Oil), Water, Contains 2% or Less of: Salt, Soybean Lecithin (Soy), Vegetable Mono & Diglycerides, Potassium Sorbate and Citric Acid (Preservatives), Beta Carotene (Color), Artificial Flavor, Vitamin A Palmitate. Allergen Info: Soy</p>
<p>Kosher</p>	<p>Bread: Our sliced wheat bread is Kosher pareve. See above.</p> <p>Cheese: American Cheese (pasteurized milk, cheese culture, salt, enzymes), water, cream, sodium citrate, salt, sorbic acid (preservative), annatto, and oleoresin, paprika (color), olive oil.</p> <p>Margarine: Vegetable oil (soybean oil, palm oil, palm kernel oil), water, salt, soybean lecithin (soy) and vegetable mono & diglycerides, potassium sorbate and citric acid added as preservatives. Color with beta carotene. Artificial butter flavor. Vitamin A palmitate added. Kosher Dairy. Allergen Info: Wheat, milk and soy</p>
<p>Gluten-Free</p>	<p>Bread: Water, modified tapioca starch, rice starch, canola oil, brown rice flour (rice flour, rice bran), sorghum flour, cane sugar, tapioca whites, flax seed, amaranth flour, modified cellulose, teff flour, cultured brown rice, brown rice, salt, yeast, guar gum, xanthan gum, enzymes. Allergen Info: Eggs</p> <p>Cheese: Same as above Kosher Dairy. Allergen Info: Egg, milk and soy</p>
<p>Mashed Potatoes</p>	<p>Potatoes, mono and diglycerides (vegetable emulsifier), sodium acid pyrophosphate (preserve freshness), Vitamin C (ascorbic acid) and sodium bisulfite, citric acid, BHT to preserve freshness. Kosher pareve.</p>
<p>Granola Parfait</p>	<p>Whipped Base: Water, hydrogenated vegetable oil (palm, palm kernel, coconut and/or cottonseed), high fructose corn syrup, contains less than 2% of the following: carbohydrate gum, polysorbate 60, salt, polyglycerol esters of fatty acids, soy lecithin, disodium phosphate, sodium citrate, xanthan gum, artificial flavor, natural flavor, colored with turmeric and annatto extracts. Allergen Info: Soy</p> <p>Granola: Whole Grain Rolled Oats, Sugar, Canola Oil, Rice Flour, Cornstarch, Molasses, Cinnamon, Salt, Vanilla Extract, Barley Malt Syrup, Natural Flavor Allergen Info: Wheat and Soy</p> <p>Topping: Strawberries, Corn Syrup, Sugar, High Fructose Corn Syrup, Water, Less than 2% of: Modified Corn Starch, Propylene Glycol, Xanthan Gum, Citric Acid, Sodium Benzoate (Preservative), Red 40, Artificial Flavor Kosher Pareve.</p>
<p>Apples</p>	<p>Fresh apples</p>

Popcorn Chicken

[Main Menu](#)

Entrée	<p>Popcorn Chicken: INGREDIENTS: Up to 20% of a solution of water, salt and sodium phosphates. BREADED WITH: Bleached wheat flour, yellow corn flour, salt, spices (including mustard), leavening (sodium bicarbonate, sodium aluminum phosphate, sodium acid pyrophosphate, monocalcium phosphate), dextrose, corn starch, garlic powder. BATTERED WITH: Water, wheat flour, yellow corn flour, dextrose, salt, spices, leavening (sodium bicarbonate, sodium aluminum phosphate), extractives of paprika. PREDUSTED WITH: Wheat flour, wheat gluten, and salt. Breeding set in vegetable oil. Allergen Info: Wheat</p>
Kosher	<p>Chicken Nuggets: Chicken breast, water, chicken breast fat, bread crumbs (wheat flour (contains gluten), water, vegetable oil, salt, yeast, dextrose, paprika, turmeric), textured soy protein, potato starch, isolated soy protein, powdered cellulose, salt, sodium phosphate, spices, onion powder, garlic, celery powder. Allergen Info: Wheat and soy</p>
Gluten-Free	<p>INGREDIENTS: Chicken Breast Tenderloins, Water, Rice Starch, Sea Salt BREADED WITH: Corn Flake Crumb (Yellow Corn Meal, Sugar, Salt), Salt, Soybean Oil, Corn Starch, Spices and Spice Extractives (including Extractives of Paprika), Rice Flour, Tapioca Dextrin. PREDUSTED AND BATTERED WITH: Rice Flour, Water, Corn Starch, Salt, Spices and Spice Extractives (including Extractive of Paprika and Extractive of Turmeric), Garlic Powder, Onion Powder. Breeding set in Vegetable Oil.</p>
Tater Tots	<p>Potatoes, Vegetable Oil, Salt, Dextrose, Sodium Acid Pyrophosphate Kosher pareve. Allergen Info: Soy, Canola</p>
Jello	<p>Water, Sugar, Apple Juice from Concentrate (Water, Apple Juice), Less than 2% of: Carrageenan, Adipic Acid, Citric Acid, Carob Bean Gum, Potassium Citrate, Sodium Citrate, Natural and Artificial Flavor, Red 40. Kosher pareve</p>
Watermelon	<p>Fresh watermelon</p>

Potato Pierogis

<p>Entrée</p>	<p>Perogies: Extra Fancy Durum Flour, Dehydrated Potatoes, Dehydrated Cheddar Cheese (Whey, Cheddar Cheese [Pasteurized Milk, Cheese Culture, Salt, Enzymes], Butter, Buttermilk Solids, Salt, Sodium Phosphate), Canola Oil, Dehydrated Onions, Salt, Pepper, Natural Food Color (Annatto) Allergen Info: Wheat and Milk</p> <p>-or-</p> <p>Buttered Noodles: Elbows: Semolina (wheat), durum wheat flour. Vitamins/minerals: vitamin b3 (niacin), iron (ferrous sulfate), vitamin b1 (thiamine mononitrate), vitamin b2 (riboflavin), folic acid.</p> <p>Margarine: Vegetable Oil Blend (Soybean Oil, Palm Oil, Palm Kernel Oil), Water, Contains 2% or Less of: Salt, Soybean Lecithin (Soy), Vegetable Mono & Diglycerides, Potassium Sorbate and Citric Acid (Preservatives), Beta Carotene (Color), Artificial Flavor, Vitamin A Palmitate Kosher pareve. Allergen Info: Soy</p> <p>Parmesan Cheese: Cow's milk, rennet, salt, anti-caking agent. Allergen Info: Milk</p>
<p>Kosher</p>	<p>Both options are kosher</p>
<p>Gluten-Free</p>	<p>Buttered Noodles: Elbows: Corn flour, rice flour, mono and diglycerides. Kosher pareve</p> <p>Margarine: Vegetable Oil Blend (Soybean Oil, Palm Oil, Palm Kernel Oil), Water, Contains 2% or Less of: Salt, Soybean Lecithin (Soy), Vegetable Mono & Diglycerides, Potassium Sorbate and Citric Acid (Preservatives), Beta Carotene (Color), Artificial Flavor, Vitamin A Palmitate Kosher pareve. Allergen Info: Soy</p>
<p>Dinner Roll</p>	<p>Roll: Whole White Wheat Flour, Water, Yeast, Wheat Gluten, Sugar, Contains less than 2% of each of the Following: Soybean Oil, Cultured Wheat Flour, Salt, Calcium Sulfate, Vinegar, Raisin Juice Concentrate, Datem, Monoglycerides, Wheat Flour, Guar Gum, Ethoxylated Mono And Diglycerides, Hydrogenated Soybean Oil, Enzymes, Vitamin O2 Bakers Yeast, Ascorbic Acid (Dough Conditioner), Ammonium Sulfate, High Oleic Sunflower Oil. Allergen Info: Wheat and Soy</p>
<p>Cookies</p>	<p>Chocolate Chip: Unbleached enriched flour (wheat flour, niacin, reduced iron, thiamine mononitrate {vitamin B1}, riboflavin {vitamin B2}, folic acid), palm oil, sugar, semisweet chocolate chips (sugar, chocolate, dextrose, cocoa butter, soy lecithin), leavening (baking powder, baking soda), salt, whey (from milk), molasses, soy lecithin, natural and artificial flavor. Kosher Dairy. Allergen Info: Wheat, Milk and Soy</p> <p>GTF Cookie: Chocolate chips (evaporated cane juice, chocolate liquor, cocoa butter), evaporated cane juice, udi's best blend (brown rice flour, tapioca & potato starch), butter, whole eggs, sugar, dry molasses, vanilla extract, salt, xanthan gum, baking soda. Allergen Info: Egg and Milk</p>
<p>Apples</p>	<p>Fresh Apples</p>

Sweet & Sour Meatballs

[Main Menu](#)

<p>Entrée</p>	<p>Chicken and Beef Meatballs: Mechanically separated chicken, beef, water, bread crumbs (enriched flour [wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid], corn syrup, sugar, vegetable shortening, [one or more of the following: hydrogenated soybean oil and/or cottonseed oil], yeast, contains 2% or less of the following: salt, soybean flour, whey, sodium stearoyl 2 lactylate, calcium propionate, sesame seeds) may contain sodium phosphate, potassium lactate, sodium diacetate, flavorings and ascorbic acid), textured vegetable protein (soy flour, caramel color), seasoning (sugar, lite salt [sodium and potassium chloride], dehydrated onion and garlic, spices, yeast extract, parsley flakes, vegetable oil), Romano cheese (pasteurized sheep's milk, cultures, rennet, salt), parmesan cheese (cow's milk, rennet, salt), eggs, parsley flakes. Allergen Info: Sesame, Wheat, Eggs, Milk, Soy</p> <p>Rice: Long grain parboiled rice enriched with iron (ferric phosphate), niacin, thiamine, mononitrate & folic acid Kosher pareve</p> <p>Margarine: Vegetable Oil Blend (Soybean Oil, Palm Oil, Palm Kernel Oil), Water, Contains 2% or Less of: Salt, Soybean Lecithin (Soy), Vegetable Mono & Diglycerides, Potassium Sorbate and Citric Acid (Preservatives), Beta Carotene (Color), Artificial Flavor, Vitamin A Palmitate Kosher pareve. Allergen Info: Soy</p> <p>Ginger Sauce: Sugar, water, vinegar, soy sauce (water, wheat, soybeans, salt and sodium benzoate), ginger-puree (ginger, water, citric acid, potassium sorbate and sodium benzoate), soybean oil, orange zest, xanthan gum, spice, propylene glycol alginate and less than 0.1% sodium benzoate as preservative. Kosher pareve. Allergen Info: Soy and Wheat</p> <p>Crushed Pineapple: Pineapple, Clarified Pineapple Juice, Sugar. Kosher pareve</p>
<p>Kosher</p>	<p>Meatballs: Glatt kosher ground beef</p> <p>Gluten-Free Bread Crumbs: Gluten free flour (potato starch, corn starch), water, eggs, canola oil, sugar, baking powder (sodium acid pyrophosphate, sodium bicarbonate, corn starch, monocalcium phosphate), dry yeast, xanthan gum, salt. Kosher pareve. Allergen Info: Egg</p> <p>Rice: See above: Ginger Sauce: See above. Crushed Pineapple: See above.</p>
<p>Gluten-Free</p>	<p>Same a Kosher above without Ginger Sauce.</p>
<p>Cookies</p>	<p>Non-Dairy Sugar Cookie: Unbleached enriched flour (wheat flour, niacin, reduced iron, thiamine mononitrate {vitamin B1}, riboflavin {vitamin B2}, folic acid), sugar, palm oil, salt, high fructose corn syrup, baking soda, natural and artificial flavor, soy lecithin. Allergen Info: Wheat and eggs</p> <p>GTF Cookie: Chocolate chips (evaporated cane juice, chocolate liquor, cocoa butter), evaporated cane juice, Udi's best blend (brown rice flour, tapioca & potato starch), butter, whole eggs, sugar, dry molasses, vanilla extract, salt, xanthan gum, baking soda. Allergen Info: Egg and Milk</p>
<p>Watermelon</p>	<p>Fresh Watermelon.</p>

Short Stack of Pancakes

[Main Menu](#)

Entrée	Water, enriched unbleached wheat flour, dextrose, sugar, soy oil, baking powder (cornstarch, bicarbonate of soda, sodium aluminum sulfate, acid phosphate of calcium), whole eggs, salt, buttermilk. Allergen Info: wheat, eggs, milk and soy. Kosher Dairy
Kosher	Main Entrée is kosher. See above.
Gluten-Free	Water, Van's Foods Gluten Free Mix (Brown Rice Flour, Potato Starch, Tapioca Starch, Rice Flour, Soy Flour), Cane Sugar, non-GMO Expeller Pressed Canola Oil, Baking Powder (Sodium Acid Pyrophosphate, Baking Soda, Rice Flour, Monocalcium Phosphate), Molasses, Soy Lecithin, Guar Gum. Allergen Info: Soy
Syrup	Corn Syrup, High Fructose Corn Syrup, Water, Salt, Caramel Color, Natural and Artificial Flavors. Kosher Pareve
Tater Tots	Potatoes, Vegetable Oil, Salt, Dextrose, Sodium Acid Pyrophosphate Kosher pareve. Allergen Info: Soy, Canola
Tossed Salad	Iceberg lettuce, carrots, red cabbage.
Apples	Fresh Apples



Mac & Cheese

[Main Menu](#)

Entrée

Elbows: Semolina (wheat), durum wheat flour. Vitamins/minerals: vitamin B3 (niacin), iron (ferrous sulfate), vitamin B1 (thiamine mononitrate), vitamin B2 (riboflavin), folic acid.

Cheese Sauce: Maltodextrin, tapioca starch, whey, soybean oil, salt, dextrose, canola oil, cheddar cheese flavor blend (cheddar cheese [pasteurized milk, cheese cultures, salt, enzymes], maltodextrin, disodium phosphate, flavors, sodium citrate, xanthan gum, tocopherols), 2% or less of yeast extract, modified cornstarch, corn syrup solids, sugar, dipotassium phosphate, sodium caseinate (a milk derivative), calcium caseinate, color added, xanthan gum, bht, buttermilk powder, yellow 5, yellow 6, spice, natural flavors, disodium inosinate/disodium guanylate, sodium silicoaluminate, extractives of paprika.

Allergen Info: Dairy, Soy, Wheat, Egg

-or-

Buttered Noodles: Elbows: Semolina (wheat), durum wheat flour. Vitamins/minerals: vitamin b3 (niacin), iron (ferrous sulfate), vitamin b1 (thiamine mononitrate), vitamin b2 (riboflavin), folic acid.

Margarine: Vegetable Oil Blend (Soybean Oil, Palm Oil, Palm Kernel Oil), Water, Contains 2% or Less of: Salt, Soybean Lecithin (Soy), Vegetable Mono & Diglycerides, Potassium Sorbate and Citric Acid (Preservatives), Beta Carotene (Color), Artificial Flavor, Vitamin A Palmitate

Kosher pareve. Allergen Info: Soy

Parmesan Cheese: Cow's milk, rennet, salt, anti-caking agent. **Allergen Info: Milk**

Kosher

Elbows: Semolina (wheat), durum wheat flour. Vitamins/minerals: vitamin B3 (niacin), iron (ferrous sulfate), vitamin B1 (thiamine mononitrate), vitamin B2 (riboflavin), folic acid.

Cheese: Kosher American Cheese (pasteurized milk, cheese culture, salt, enzymes), water, cream, sodium citrate, salt, sorbic acid (preservative), annatto, and oleoresin, paprika (color), olive oil.

Cheese: Pasteurized part skim milk, Salt, Enzymes, Powdered Cellulose (Anti-Caking Agent).

Kosher Dairy and Gluten Free.

Milk and Wheat Flour, and Margarine: See above. **Allergen Info: Wheat, Milk and Soy**

Gluten-Free

Buttered Noodles: Elbows: Corn flour, rice flour, mono and diglycerides.

Cheese and Margarine: Kosher Option is Gluten Free. See above. **Kosher pareve. Allergen Info: Soy**

Dinner Roll

Roll: Whole White Wheat Flour, Water, Yeast, Wheat Gluten, Sugar, Contains less than 2% of each of the Following: Soybean Oil, Cultured Wheat Flour, Salt, Calcium Sulfate, Vinegar, Raisin Juice Concentrate, Datem, Monoglycerides, Wheat Flour, Guar Gum, Ethoxylated Mono And Diglycerides, Hydrogenated Soybean Oil, Enzymes, Vitamin O2 Bakers Yeast, Ascorbic Acid (Dough Conditioner), Ammonium Sulfate, High Oleic Sunflower Oil.

Allergen Info: Wheat and Soy

Brownies

Sugar, enriched flour bleached (wheat flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), palm oil, cocoa processed with alkali, soybean oil, contains 2% or less of: egg white, salt, corn starch, leavening (baking soda, monocalcium phosphate), artificial flavor, soy flour, nonfat milk.

Kosher Dairy. Allergen Info: Wheat, egg, milk and soy

Gluten Free Brownie: sugar, eggs, soybean oil, cocoa powder, chocolate chips (sugar, chocolate liquor, cocoa buffer, soy lecithin, vanillin), brown rice flour. gluten-free whole oat flour potato starch, tapioca starch. invert sugar, natural vanilla flavor, salt, xanthan gum, baking soda.

Allergen Info: Eggs and Soy

Cheesy Bread

[Main Menu](#)

Entrée	<p>Crust: Flour blend [Whole-wheat flour, enriched flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, enzyme, folic acid)], water, brown sugar, corn oil, dough conditioner (soybean oil, mono and diglycerides, soy shortening flakes), salt, vital wheat gluten, yeast, L-cysteine.</p> <p>Cheeses: mozzarella cheese (pasteurized part skim milk, cheese cultures, salt, enzymes). Reduced fat/reduced sodium mozzarella cheese (pasteurized part skim milk, nonfat milk, modified food starch*, cheese culture, salt, potassium chloride*, natural flavors*, annatto (color), vitamin A palmitate, enzymes). *ingredients not regular in mozzarella cheese</p> <p>Allergen Info: Milk, Wheat, Soy</p>
Kosher	<p>Kosher Pizza: Flour, water, Tomatoes, Mozzarella/Muenster Cheese (pasteurized milk/skim milk, cultures, salt, enzymes, powdered cellulose), sugar, salt, yeast, spices & conditioners.</p> <p>Kosher Dairy. Allergen Info: Wheat and Milk</p>
Gluten-Free	<p>Gluten Free Pizza: Crust: gluten free flour (brown rice, tapioca, soy) palm oil, baking powder, dry yeast, cornstarch, xanthan gum, salt, baking soda (Kosher Pareve)</p> <p>Sauce: Crushed tomatoes (water, concentrated crushed tomatoes), salt, sugar soybean oil, spices, garlic powder (Kosher Pareve)</p> <p>Cheese: pasteurized milk, cheese culture, salt, enzymes, cellulose</p> <p>Allergen Info: Milk</p>
Red Sauce	<p>Sauce: Tomatoes Concentrated (Water, Crushed Tomatoes), Corn Oil, Salt, Spices and Natural Flavors</p> <p>Kosher Pareve</p>
Corn Chips	<p>Corn chips: Corn, corn oil, salt.</p> <p>Kosher pareve and Gluten Free</p>
Chocolate Pudding	<p>Water, sugar, skim milk, food starch-modified (corn), dextrose, vegetable oil (contains one or more of the following: soybean oil, canola oil, sunflower oil), cocoa (processed with alkali), contain 1 percent or less of the following: salt, artificial flavor, sodium phosphate, sodium stearyl lactylate, color added (including yellow 6).</p> <p>Kosher Dairy. Allergen Info: Milk</p>

Chicken Tenders

[Main Menu](#)

Entrée	Ingredients: Portioned chicken tenders with rib meat, water, seasoning [maltodextrin, salt, sugar, flavors, vegetable stock (carrot, onion, celery), carrot powder and garlic powder], sodium phosphates, salt, modified food starch. BREADED WITH: Wheat flour, water, bleached wheat flour, salt, wheat gluten, sugar, leavening (sodium bicarbonate, sodium aluminum phosphate, sodium acid pyrophosphate, monocalcium phosphate), yeast extract, yellow corn flour, onion powder, dextrose, garlic powder, yeast, spice, extractives of paprika, annatto, and turmeric, disodium inosinate and disodium guanylate. Breeding set in vegetable oil. Allergen Info: Wheat
Kosher	Chicken breast, water, chicken breast fat, bread crumbs (wheat flour (contains gluten), water, vegetable oil, salt, yeast, dextrose, paprika, turmeric), textured soy protein, potato starch, isolated soy protein, powdered cellulose, salt, sodium phosphate, spices, onion powder, garlic, celery powder. Allergen Info: Wheat and Soy
Gluten-Free	INGREDIENTS: chicken breast with rib meat, water, salt, sodium phosphates. BREADED WITH: rice flour, dried potatoes, water, yellow corn flour, salt, corn starch, spices, tapioca dextrin, dextrose, dried garlic, dried onion, organic soybean oil, dried egg whites, spice extract. Allergen Info: Eggs
Potato Chips	Potatoes, vegetable oil (contains one or more of the following: corn, cottonseed, sunflower, soybean or canola oil), salt. Kosher pareve and Gluten Free
Jello	Water, Sugar, Apple Juice from Concentrate (Water, Apple Juice), Less than 2% of: Carrageenan, Adipic Acid, Citric Acid, Carob Bean Gum, Potassium Citrate, Sodium Citrate, Natural and Artificial Flavor, Red 40. Kosher pareve



Egg & Cheese on a Bagel

[Main Menu](#)

<p>Entrée</p>	<p>Bagel: Whole wheat flour, sugar, wheat gluten,. Contains 2% or less of the following: honey, salt, yellow corn flour, yeast, molasses, diacetyl tartatic acid esters of mono-diglycerides (Datem), ascorbic acid, mono-and diglycerides. L-Cysteine, enzymes. Allergen Info: Wheat</p> <p>Cheese: Cultured milk and skim milk, whey, salt, sodium citrate, modified food starch, color added, sodium phosphate, sorbic acid (preservative), lactic acid, enzymes, soy lecithin (non-sticking agent).</p> <p>Margarine: Vegetable Oil Blend (Soybean Oil, Palm Oil, Palm Kernel Oil), Water, Contains 2% or Less of: Salt, Soybean Lecithin (Soy), Vegetable Mono & Diglycerides, Potassium Sorbate and Citric Acid (Preservatives), Beta Carotene (Color), Artificial Flavor, Vitamin A Palmitate Kosher pareve. Allergen Info: Soy</p> <p>Egg: Whole eggs, water, soybean oil, modified food starch, whey solids, salt, nonfat dried milk, citric acid Allergen Info: Eggs and dairy</p>
<p>Kosher</p>	<p>Bagel and margarine: same as above</p> <p>Cheese: Cultured milk and skim milk, whey, salt, sodium citrate, modified food starch, artificial color (if colored), sodium phosphate, sorbic acid (preservative), lactic acid, enzymes, soy lecithin (non-sticking agent). Allergen Info: Wheat, milk, egg and soy</p>
<p>Gluten-Free</p>	<p>Bun: Gluten free flour (white rice, tapioca, corn, arrowroot, potato, soy) water, eggs, brown sugar, honey, dry yeast, palm oil, apple cider vinegar, flaxseed meal, salt, xanthan gum. Allergen Info: Eggs and soy</p>
<p>Tossed Salad</p>	<p>Iceberg lettuce, carrots, red cabbage.</p>
<p>Corn Chips</p>	<p>Corn chips: Corn, corn oil, salt. Kosher pareve and Gluten Free</p>
<p>Cookies</p>	<p>Non-Dairy Sugar Cookie: Unbleached enriched flour (wheat flour, niacin, reduced iron, thiamine mononitrate {vitamin B1}, riboflavin {vitamin B2}, folic acid), sugar, palm oil, salt, high fructose corn syrup, baking soda, natural and artificial flavor, soy lecithin. Allergen Info: Wheat and eggs</p> <p>GTF Cookie: Chocolate chips (evaporated cane juice, chocolate liquor, cocoa butter), evaporated cane juice, Udi's best blend (brown rice flour, tapioca & potato starch), butter, whole eggs, sugar, dry molasses, vanilla extract, salt, xanthan gum, baking soda. Allergen Info: Egg and Milk</p>
<p>Apples</p>	<p>Fresh Apples</p>

Meatball Heroes

[Main Menu](#)

<p>Entrée</p>	<p>Mechanically separated chicken, beef, water, bread crumbs (enriched flour [wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid], corn syrup, sugar, vegetable shortening, [one or more of the following: hydrogenated soybean oil and/or cottonseed oil], yeast, contains 2% or less of the following: salt, soybean flour, whey, sodium stearoyl 2 lactylate, calcium propionate, sesame seeds) may contain sodium phosphate, potassium lactate, sodium diacetate, flavorings and ascorbic acid), textured vegetable protein (soy flour, caramel color), seasoning (sugar, lite salt [sodium and potassium chloride], dehydrated onion and garlic, spices, yeast extract, parsley flakes, vegetable oil), Romano cheese (pasteurized sheep's milk, cultures, rennet, salt), parmesan cheese (cow's milk, rennet, salt), eggs, parsley flakes. Allergen Info: Sesame, Wheat, Eggs, Milk, Soy</p> <p>Marinara Sauce: Tomatoes Concentrated (Water, Crushed Tomatoes), Corn Oil, Salt, Spices and Natural Flavors. Kosher Pareve</p> <p>Roll: Unbromated Unbleached Enriched ,Wheat, Flour{Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid}, Water, Salt., Dough Conditioner:(Soy Flour, Diacetyl Tartaric Acid Esters of Mono-and Diglycerides (DATEM), Monoglycerides, Soybean Oil. Calcium Sulfate. Ascorbic Acid, Potassium Bromate, L-Cysteine, Dextrin ,Wheat Starch and Enzymes)., Sugar, Soybean Oil, Yeast, Wheat Starch, Calcium Carbonate, Silicon Dioxide, L-Cysteine Hydrochloride. Kosher Pareve</p>
<p>Kosher</p>	<p>Glatt kosher ground beef. Kosher Meat</p> <p>Gluten-Free Bread Crumbs: Gluten free flour (potato starch, corn starch), water, eggs, canola oil, sugar, baking powder (sodium acid pyrophosphate, sodium bicarbonate, corn starch, monocalcium phosphate), dry yeast, xanthan gum, salt. Kosher pareve. Allergen Info: Egg</p> <p>Marinara Sauce: See above. Roll: See above.</p>
<p>Gluten-Free</p>	<p>Kosher option is used</p> <p>Hotdog Bun: Gluten free flour (white rice, tapioca, corn, arrowroot, potato, soy) water, eggs, brown sugar, honey, xanthan gum, salt, dry yeast, apple cider vinegar, flaxseed meal. Allergen Info: Eggs and Soy</p>
<p>Tossed Salad</p>	<p>Iceberg lettuce, carrots, red cabbage.</p>
<p>Cookies</p>	<p>Non-Dairy Sugar Cookie: Unbleached enriched flour (wheat flour, niacin, reduced iron, thiamine mononitrate {vitamin B1}, riboflavin {vitamin B2}, folic acid), sugar, palm oil, salt, high fructose corn syrup, baking soda, natural and artificial flavor, soy lecithin. Allergen Info: Wheat and Egg</p> <p>GTF Cookie: Chocolate chips (evaporated cane juice, chocolate liquor, cocoa butter), evaporated cane juice, Udi's best blend (brown rice flour, tapioca & potato starch), butter, whole eggs, sugar, dry molasses, vanilla extract, salt, xanthan gum, baking soda. Allergen Info: Egg and Milk</p>
<p>Potato Chips</p>	<p>Potatoes, vegetable oil (contains one or more of the following: corn, cottonseed, sunflower, soybean or canola oil), salt. Kosher pareve and Gluten Free</p>
<p>Watermelon</p>	<p>Fresh Watermelon</p>

Salad Bar

[Main Menu](#)

Tossed Salad	Iceberg lettuce, carrots, red cabbage.	Apple Sauce	Apples, water, ascorbic and/or erthorbic acid (to maintain color).
Fresh Produce	Broccoli, Grape Tomatoes, Carrot Sticks, Cucumbers, Corn, Edamame	Chunk Tuna	Tuna fish (tongol tuna), water, vegetable broth and salt.
Pickle Chips	Cucumbers, Water, Vinegar, Salt, Garlic, Spices, Calcium Chloride, Natural Flavors, Yellow #5, Sodium Benzoate and Polysorbate 80.	Firm Tofu	Water, soybeans, natural coagulants (Nigari [magnesium chloride], gypsum, calcium sulfate. Kosher Pareve. Allergen Info: Soy
Chic Peas	Prepared chick peas, water, and salt. Disodium edta added to promote color retention.	Eggs	Hard Boiled Eggs
Pasta Salad	Rotini: Semolina, dried tomato, dried spinach, niacin, ferrous sulfate, thiamin mononitrate, riboflavin and folic acid Dressing: Water, soybean oil, high fructose corn syrup, distilled vinegar, salt, contains 2% or less of: dried garlic, xanthan gum, dried onion, lemon juice concentrate, dried red bell peppers, ascorbic acid and calcium disodium EDTA (protect flavor), spices, propylene glycol alginate, color (yellow 6, yellow 5). Kosher Pareve. Allergen Info: Wheat		
Farro Salad	Farro with Celery, Bell Peppers, Dried Cranberries. White Vinaigrette Dressing: olive oil, white balsamic vinegar, Dijon mustard, white wine vinegar, onion and garlic. Kosher Pareve and Gluten Free.		
Lo Mein Salad	Lo Mein: Semolina (Wheat), Durum Wheat Flour, Vitamins/Minerals: Vitamin B3 (Niacin), Iron (Ferrous Sulfate), Vitamin B1 (Thiamine Mononitrate), Vitamin B2 (Riboflavin), Folic Acid. With broccoli, green beans, onions, mushrooms, and red bell peppers. Dressing: Enriched wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), canola oil, salt, sugar, rice flour, garlic powder, yeast, Romano cheese (milk, culture, salt, enzymes), dehydrated parsley, onion powder, yeast extract, natural flavor, spices, bht added to packaging to maintain freshness. Kosher Pareve. Allergen Info: Wheat, Sesame and Soy		
Croutons	Enriched wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), canola oil, salt, sugar, rice flour, garlic powder, yeast, Romano cheese (milk, culture, salt, enzymes), dehydrated parsley, onion powder, yeast extract, natural flavor, spices, bht added to packaging to maintain freshness. Allergen Info: Wheat and Milk		
Hummus	Cooked Chickpeas, Tahini (Ground Sesame), Soybean Oil, Water, Garlic, Salt, Citric Acid, Potassium Sorbate Added to Maintain Freshness. Allergen Info: Sesame and Soy		
Shredded Cheese	Monterey jack cheese (cultured pasteurized milk, salt, enzymes) and cheddar cheese (cultured pasteurized milk, salt, enzymes, annatto color), potato starch and corn starch (anticaking agents), and natamycin (a natural mold inhibitor). Allergen Info: Wheat and Milk		
Ranch Dressing	Ranch: Soybean oil, buttermilk (cultured low fat milk, guar gum, carrageenan, locust bean gum, salt), water, corn syrup, flavor (salt, monosodium glutamate, maltodextrin, garlic, onion, spices, carrageen), egg yolk, high fructose corn syrup, distilled vinegar, sodium acid sulfate, torula yeast, potassium sorbate and sodium benzoate (preservative), xanthan gum, guar gum sodium alginate, calcium disodium EDTA added to protect flavor. Gluten Free. Allergen Info: Egg and Milk		
Balsamic Vinaigrette	Water, balsamic vinegar, high fructose corn syrup, maltodextrin, corn syrup solids, red wine vinegar, salt, contains less than 2% of burgundy cooking wine (red wine, salt), distilled vinegar, xanthan gum, potassium sorbate (preservative), spice, garlic,* sodium alginate, modified corn starch, onion,* mustard seed, white wine, calcium disodium edta (to protect flavor), beetroot juice powder (color), tartaric acid. *Dried		
Italian Dressing	Water, vinegar, soybean oil, sugar, salt, contains less than 2% of garlic*, xanthan gum, spice, onions*, red bell peppers*, paprika, beta-carotene (color), potassium sorbate and calcium disodium edta (to protect flavor). *Dried		

Sandwich Options

[Main Menu](#)

Sunbutter	Roasted Sunflower Seed, Sugar, Mono- diglycerides, and salt. Kosher pareve
Jelly	Jelly: Corn syrup, grape juice (grape juice concentrate, water), high fructose corn syrup, pecin, citric acid, potassium sorbate (preservative). Kosher pareve
Tuna Salad	Tuna: Tuna fish (tongol tuna), water, vegetable broth and salt. Mayonnaise: Soybean oil, water, corn syrup, egg yolks, distilled vinegar, contains less than 2% of salt, spices, calcium disodium EDTA added to protect flavor. Kosher pareve. Allergen Info: Eggs
Kosher Turkey	Turkey breast, water, potato starch, salt, sugar, sodium phosphate, spices and flavoring, carrageenan, locust bean, sodium ascorbate, sodium lactate, sodium nitrite. Glatt Kosher Meat
Cream Cheese	Cream Cheese: Pasteurized cultured milk and cream, salt, stabilizers (xanthan, carob bean, and or guar gums). Kosher dairy.
Margarine	Margarine: Vegetable Oil Blend (Soybean Oil, Palm Oil, Palm Kernel Oil), Water, Contains 2% or Less of: Salt, Soybean Lecithin (Soy), Vegetable Mono & Diglycerides, Potassium Sorbate and Citric Acid (Preservatives), Beta Carotene (Color), Artificial Flavor, Vitamin A Palmitate Kosher pareve. Allergen Info: Soy
Bagel	Whole Wheat Bagel: Enriched wheat flour, (Malt barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid) water, whole wheat flour, sugar, barley malt, salt, malt, monoglycerides, yeast, caramel color, calcium propionate (a preservative), molasses, soybean oil, ascorbic acid, l-cysteine, enzymes. Kosher Dairy. Allergen Info: wheat, soy & manufactured on equipment that may be shared with eggs.
Sandwich Bread	Bread: Whole wheat flour, water, unbleached enriched wheat flour (wheat flour, malted barley flour, niacin, iron, thiamin hydrochloride, riboflavin, folic acid), yeast, sugar, wheat gluten, contains 2% or less of the following: soybean and/ or canola oil, salt, molasses, dough conditioners (ethoxylated mono and diglycerides, mono and diglycerides, monoglycerides, calcium peroxide, ascorbic acid, enzymes), calcium propionate (preservative), malted barley flour, yeast nutrients (monocalcium phosphate, calcium sulfate, ammonium sulfate), soy lecithin. Kosher pareve.
Raspberry yogurt	Cultured Pasteurized Grade A Nonfat Milk, Sugar, Modified Corn Starch, Raspberries, Whey, Purple Carrot Juice Concentrate (for color), Tricalcium Phosphate, Gellan Gum, Potassium Sorbate (for freshness), Citric Acid, Lemon Juice Concentrate, Natural Flavors, Locust Bean Gum, Vitamin D3 Kosher Dairy.
Strawberry Banana yogurt	Cultured Pasteurized Grade A Nonfat Milk, Sugar, Modified Corn Starch, Strawberries, Banana Puree, Whey, Tricalcium Phosphate, Natural Flavors, Purple Carrot Juice Concentrate (for color), Gellan Gum, Citric Acid, Potassium Sorbate (for freshness), Locust Bean Gum, Vitamin D3 Kosher Dairy.
Cherry Vanilla Yogurt	Cultured Pasteurized Grade A Nonfat Milk, Sugar, Modified Corn Starch, Whey, Tricalcium Phosphate, Purple Carrot Concentrate (for color), Gellan Gum, Lemon Juice Concentrate, Natural Flavors, Potassium Sorbate (for freshness), Citric Acid, Annatto (for color), Locust Bean Gum, Vitamin D3 Kosher Dairy.
Strawberry Yogurt	Cultured Pasteurized Grade A Nonfat Milk, Sugar, Modified Corn Starch, Strawberries, Whey, Tricalcium Phosphate, Natural Flavors, Gellan Gum, Potassium Sorbate (for freshness), Citric Acid, Purple Carrot Juice Concentrate (for color), Locust Bean Gum, Vitamin D3 Kosher Dairy.

Ice Cream and Snacks

[Main Menu](#)

Brown Cow	<p>Light ice cream contains: milkfat and nonfat milk, corn syrup, sugar, whey, whey protein concentrate, mono & diglycerides, natural & artificial flavor, guar gum, locust bean gum, polysorbate 80, carrageenan, vitamin a palmitate. Chocolate flavored coating contains: coconut oil, sugar, cocoa processed with alkali, chocolate liquor, partially hydrogenated soybean oil, soy lecithin, salt, vanilla.</p> <p>Allergen Info: contains milk, soy</p>
Fudgesicle	<p>Water, corn syrup, sugar, whey, cocoa processed with alkali, skim milk, whey protein concentrate, guar gum, locust bean gum, mono & diglycerides.</p> <p>Allergen Info: contains milk</p>
Ice Cream Sandwich	<p>Ice cream: Low Fat Ice Cream (Skim Milk, Milk, Sugar, Corn Syrup, Polydextrose, Cream, Contains 1% or Less of Natural Flavors, Propylene Glycol Monoesters, Mono & Diglycerides, Guar Gum, Carob Bean Gum, Tara Gum, Carrageenan, Annatto Extract for Color, Vitamin A Palmitate).</p> <p>Wafers: Wheat Flour, Sugar, Caramel Color, Dextrose, Palm Oil, Corn Flour, Contains 2% Or Less Of Corn Syrup, Cocoa Processed With Alkali, Food Starch-Modified, Salt, Soy Lecithin, Mono & Diglycerides, Baking Soda.</p> <p>Allergen Info: Milk, soy, wheat</p>
Ice Cream Bars	<p>Ingredients: light ice cream contains: milkfat and nonfat milk, corn syrup, sugar, whey, whey protein concentrate, mono & diglycerides, natural & artificial flavor, guar gum, locust bean gum, polysorbate 80, carrageenan, vitamin a palmitate. Chocolate flavored coating contains: coconut oil, sugar, cocoa processed with alkali, chocolate liquor, partially hydrogenated soybean oil, soy lecithin, salt, vanilla.</p> <p>Allergen Info: Dairy and soy</p>
Ice Pops	<p>Water, High Fructose Corn Syrup, Corn Syrup, Sugar, Contains 1 % or less of Citric Acid, Natural and Artificial Flavors, Guar Gum, Cellulose Gum, Xanthan Gum, Red 40, Blue 1.</p> <p>Kosher pareve.</p>
Chocolate Dixie Cup	<p>Milk, Cream, Sugar, Corn Syrup, Cocoa (Processed With Alkali), Nonfat Dry Milk, Dry Whey, Propylene Glycol Alginate, Mono-Diglycerides, Carob Bean Gum, Cellulose Gum, Guar Gum, Carrageenan.</p> <p>Kosher dairy. Allergen Info: contains milk.</p>
Vanilla Dixie Cup	<p>Milk, Cream, Sugar, Corn Syrup, Nonfat Dry Milk, Dry Whey, Less Than 2% of Propylene Glycol Alginate, Mono-Diglycerides, Carob Bean Gum, Cellulose Gum, Guar Gum, Carrageenan, Vanilla, Natural Flavor, Annatto And Tumeric Color.</p> <p>Kosher dairy. Allergen Info: contains milk.</p>
Whipped Topping	<p>Water, high fructose corn syrup, hydrogenated vegetable oil (palm, palm kernel, coconut and/or cottonseed), contains less than 2% of the following: sodium caseinate (a milk derivative), dextrose, artificial flavor, polysorbate 60, sorbitan monostearate, guar gum, xanthan gum, colored with turmeric and annatto extracts.</p> <p>Kosher dairy. Allergen Info: Dairy</p>