

# THE GOLDEN EAGLE

Volume 1

“The Summer of Extraordinary”

Week 2

## In the Spirit of Fun

We started week 2 with smiles, after all it was **Picture Day**, and got ready for another great week at **Eagle’s Landing**. On **Tattoo Tuesday**, campers and staff sported a variety of tattoos from Eagle’s Landing to dinosaurs. There was also the **3/4/5 boys overnight** where they had a blast! After an **extra swim** and yummy **French bread pizza** for dinner, they made **s’mores**. Then it was time for stupendous games of **Prison Ball** and **Capture the Flag**. The campers finished up the night with a movie before falling asleep in the Nest.

Wednesday was the second **Special Day** of the summer, **Jungle Day**, and the entire camp was transformed into a **jungle adventure land**. Campers played **Tropical Leap Frog** on the baseball field, **Rainforest Relay** at Archery and pretended to be **George of the Jungle** at the Ropes Course. They also made **Jungle Hats** in Arts & Crafts and got to bounce on the **Tiger Belly Bounce** and race through the **Amazon Obstacle**. While Lower and Middle Camp traversed the jungle, Upper Camp spent the day in New York City at the world famous **Ripley’s Believe it or Not**.

**Titanic Thursday** docked at the pool this week and we watched with amazement as campers built and sailed boats made of cardboard and duct tape. Thursday was also the first **intramural sports competition** between Eagle’s Landing and Lakeview. We were so proud of our campers who showed good sportsmanship throughout the competition. Way to go ELDC! After another great day at camp, the **3/4/5 girls had their overnight** this week as well. After a **yummy dinner**, the girls **decorated shirts and pillowcases**, ate **ice cream sundaes** and finished up the evening with a **dance party**. They went to sleep tired but happy.

We finished off this wonderful week with **ELDC Spirit Day**, and let me tell you the ELDC spirit was certainly in evidence everywhere I looked. In addition, the 8<sup>th</sup> grade campers went on a trip to **Sandy Hook** where they lounged on the beach and splashed in the waves.

Monday is **Crayola Day**, so remember to wear your favorite color. Mine is pink. Have a great weekend.

*Claire, Editor-in-Chief*



## SERVING UP SOME FUN

Tennis is serving up some heat on the courts this summer. This week we've been familiarizing ourselves with the parts of the court. From our youngest campers up to our CITs, we've all been enjoying Tennis this past week and learning the forehand ground stroke. We've even incorporated a game of King of the Court to practice and further our knowledge of the stroke. Ask if your child has reigned King or Queen this week!

*Pam, Tennis Instructor*

## KICKING OFF THE SEASON

Eagle's Landing kicked off the season with the 6<sup>th</sup> graders of B6A leading the way with teamwork and fun, even when facing inclement weather. The first day of camp was a rainy day, but the campers of B6A were patient while the staff organized a trip to see Monster's University. They all thoroughly enjoyed the film, but this was only paving the way for what would come the next day.

The next day it was beautiful outside, allowing B6A to get the true summer camp experience. They all enjoyed a day of electives such as Football, Arts & Crafts, Basketball and Ropes. They also escaped the heat by taking a dip in the Eagle's Landing swimming pool. The premiere part of the day however came when the staff of Upper Camp challenged them to a game of newcomb. B6A banded together and were able to pull off a victory against the Upper Camp staff! Jacob Descoteau, Jake Dalas and Dan McNicholas were leading scorers, while Scott Herzberg, Logan Nadelman and Steven LaBarbera lead the team defensively, keeping the ball off the ground. Continuing their competitive success against Upper Camp staff. B6A challenged them to a game of prison ball. They did a great job against the Upper Camp staff even in the intense heat of the day. Robert Innes had a ton of fun playing basketball at camp. He helped lead our team to victory in the inter-camp sports league. Ethan Moss loves playing soccer so far at camp. He is enjoying himself to the max. Matthew Thomson and Jack Richards are always excited to play tetherball. They never turn down a chance to play. Michael McCarthy and Ben Rogero sent many counselors to their team's prison, while the rest of B6A rescued their teammates

from the counselor's prison. With two full weeks of this much fun, we can only imagine how great the next 6 will be!

*Matt, Counselor B6A*

## They Dribble and Shoot

Campers have been running around on the basketball courts dribbling toward the basketball net until they can't dribble any more. With so many knockout champions, game-winning, buzzer beaters and dribble tag winners, it's hard to imagine it's only the second week. I can't wait for all the top ten highlights still to come.

*Jason, Sports Instructor*

## Off to a Rockin' Start

The BKC Rockstars are off to a rockin start! From the moment they stepped off the buses, it felt like they have been friends forever. Jack Rubin made houses for everyone in Legoland, and the rest of the group loved his creativity. DJ Pearce enjoys using his imagination at the wooden trucks and pretending to be Spiderman. Jimmy Giordano showed us his skills by getting a hole in one at Mini Golf.

Aiden Podinker loves all the sports at camp, but T-ball is his favorite. Ty Hecht loves pretending to be different animals in Creative Dramatics. Sean Aronson loves to make monster bread at Cooking. He was awesome at following all the directions and sharing with the group. Matthew Bershada showed us how good he is in basketball by dribbling up and down the court and making the basket.

Benjamin Stoeckel is the master of Ga-Ga and is always waiting for the next challenge. Our little fish of the group is Ritik Thukral. His favorite thing to do is go down the frog slide. Brendan Kasner loves to make his colorful projects in Arts & Crafts. His favorite project was the race car. Last, but not least, Justin Bryan is a true soccer star. He kicks the ball up and down the field to all of his friends.

We are so excited for the rest of the summer and our BKC Rockstars can't wait.

*Monica and Stephanie, Counselors BKC*

## CAN YOU HELP US OUT?

We can use 2 liter bottles for Rocketry and costumes for Creative Dramatics in sizes small and medium. We especially need boys' costumes.

### Jenn's Cooking Corner

#### Pineapple Wontons with Togarashi



#### Ingredients

- 24 wonton wrappers
- 8 oz. cream cheese
- 8 oz. can crushed pineapple, drained
- 2 green onions minced
- Vegetable oil for frying
- 1 tablespoon sesame seeds
- 1 tablespoon orange zest, dried
- 1 teaspoon chile powder
- 1 teaspoon sea salt
- 1 teaspoon green nori flakes (optional)
- Dipping sauce of your choice

#### Directions

- ▶ Drain pineapple. Mix into room temperature cream cheese. Add green onions.
- ▶ Scoop 1 teaspoon of pineapple mixture onto the center of a wonton wrapper. Brush the edges of the wonton wrapper with water to help seal the wontons. Fold wonton in half diagonally to make a triangle. Repeat with remaining wontons
- ▶ Heat several inches of vegetable oil in a large pot. Fry wontons at 360° until golden brown and crispy or bake at 350° for 12 to 14 minutes.
- ▶ Drain on paper towel
- ▶ Mix together the sesame seeds, dried ground orange zest, chile powder and sea salt to make Togarashi spice mix.
- ▶ Plate the wontons
- ▶ Sprinkle with Togarashi spice mix
- ▶ Serve with the dipping sauce of your choice.

## A Fantastic Two Weeks

LIT and CIT girls had a fantastic first two weeks. We had so much fun jumping at Rebounderz and decorating our bodies with tattoos. Sophie Corbin, Braith Dicker, Caitlin Murawski, Jayme Sawyer, Lauren Wasserman and Jackie Ferrara are all working with Kiddie Kingdom. They are having an awesome time playing on the wooden trucks and participating in sports with the youngest campers.

Moving on to Middle Camp, we have Caitlin Neumyer, Nicki Saunders, Samantha Wojyn and Alyssa Podob. They are hanging out with the girls in Arts & Crafts and Woodshop and swimming in the pool with the girls.

Lastly our oldest campers, the CITs, are really stepping up and showing great potential. Kaitlyn Marut, Hannah Conroy, Nicole Kotin and Jaime Harris love having the youngest campers, and wish they could stay with them all day. Jade Diaz goes to Lower Camp. She enjoys spending time with second grade girls.

Sara Weiss Joely Phenes, Emily Rosenberg, Blake Lew-Merwin and Shelby Leader are being a great example for Middle Camp girls. They play sports and go swimming. Julianna Mindlin has been doing an awesome job helping out in Computers. I can't wait for week three and to see what else they have to offer.

*Lauren, LIT/CIT Counselor*

## Jumping From Fun to Fun

The Jumping Jellybeans of BKA had a wonderful first two weeks of camp! The group instantly became such great friends and were excited to take on all the fun and cool activities at camp. Leighton Carpenito was a pro in Arts & Crafts where she created a beautiful wreath for the 4<sup>th</sup> of July. Adrianna Lopez showed off her super cool moves in Dance shaking her hips to the beat of every song!

Alexander Coppola loves the wooden trucks and he always volunteers to "drive" the monster truck filled with his friends to all types of imaginary places.

Alexas Manzano conquered her fear of the Spray Park and spent the entire period running through all the different sprinklers. Sienna Mitchell is America's Next Top Chef. She cooked up the most delicious and healthy treat in Cooking with sunbutter, celery and



raisins. Cooper Powell was an expert in Computers and created a masterpiece on the "Paint" program and had a blast playing computer games.

Ryan Weiss is the next Olympic gold medal swimmer. He showed off his awesome skills in the water and had an amazing time going down the frog slide. Ciara Van Ness loves the playground as she slides down all the slides, climbs through all the obstacles and dominates the monkey bars. Emily Wyand showed off her talents in Music as she sang the camp song and played the drums all at once. She could easily be the next American Idol winner.

Hannah Yatsko displayed her amazing acting skills this week and loved all the different group activities during Drama. The Jumping Jellybeans of BKA are only just getting started and we can't wait to see what awesome memories the rest of the summer will bring!

*Brenda, Erika and Karen, Counselors BKA*

## WHERE THE FUN IS FANTASTIC

So if you don't know what Fantastic Fun is, you've been missing out. We are exciting and innovative games for campers in grades KK to 2. The first week flew by with KK having a great time playing Dump trucks with the beanbags, and the 1<sup>st</sup> and 2<sup>nd</sup> grade playing Danish Kickball Turnaround.

The 2<sup>nd</sup> week has been an obstacle... course that is. With hurdles, basketball baskets, tennis ball bouncing, soccer ball goal making, jumping jacks and more. It never ends with Fantastic Fun. We had some really super fast times, and when we competed against each other everyone had their game face on. Want to know what next week's games will be?

*Abby, Fantastic Fun*

## Where the Week is Fun-Filled

Week 2 flew by for the B7B Campers. Michael Innes, Sean Abkowitz and Brandon Beckerman had a blast at Computers. Holden Silverberg and Randy Arronis could always be found showing off their skills at basketball. While others were out in the sun, Kevin Fallon was under the white tent dominating at ping pong. He is still undefeated. Dylan Murphy was week two Nature man playing with snakes and rabbits. Matthew Heyman, the Ga-Ga king, is working to

defend his title in the following weeks. All of B7B is looking forward to a fun-filled week 3.

*Anthony, Counselor and Sam, JC B7B*

## WORKIN' WITH WOOD

The ELDC Woodshop is ready to make some fun projects this summer. We will make some traditional favorites like birdhouses, napkin holders and spice racks. We plan to introduce some new ideas such as our EL Robot, fruit bowl and labyrinth game. Fun and safety are our goals in Woodshop. Dave and Dan will make sure our campers have both. We hope they have a great summer and enjoy the projects they bring home.

*Dave and Dan, Woodshop Guys*

## Another Great Week

BKB has been having a great week! Jacob Lynn has been having fun in the Bake Shop and making yummy snacks! Barry Solano was being super brave in Nature by petting the corn snake. Swimming under the water is a blast for Aiden Fung. Sonny-Lucas D'Amico is so great at T-Ball! He can hit the ball all the way across the batting area.

Elliot Genge always has a smile on his face when we make our way to the Spray Park! Joey Kloc is a rock star on the soccer field, and he helps the other boys improve their skills. Brandon Buchan excels in Drama, Dance and Music! He loves to be creative.

Gavin Salgado loves to invent his own games! He is very creative and invents new rules to "duck, duck, goose!" Joshua Goldenfarb is a fantastic friend! He is always kind to the other boys and is always making new friends.

We cannot wait for the rest of the summer together at Eagle's Landing!!

*Jamie, Counselor and Vicki, JC BKB*





## Week 3 Camp Schedule

- 7/16 Crayola Day**  
Wear your favorite color today.
- 7/17 Watermelon Seed Spitting Contest**
- 7/18 SPECIAL DAY - OLYMPIC DAY**  
No visiting until 1:00 p.m.  
6/7/8 Trip Tubing  
6:00 p.m. Late Return
- 7/19 Jell-O Tug of War**
- 7/20 Minute to Win It**  
8<sup>th</sup> grade trip to Microsoft Digitizing

## Quacktastic Summer!

It's only been two weeks, but in 1st and 2nd grade we are having a fantastic summer. This year the theme for our division is the ducks - because ducks fly together! Second graders even made ducks in Woodshop! So far we've had a great time in the pools, playing Ga-Ga, hanging out at Ropes, in Arts & Crafts and all the other fun activities camp has to offer. We hope that the campers are having as much fun as we are while we visit all their specialty areas.

Just a reminder to all of the parents, please remember to put sunscreen on your camper before they arrive each day and to label everything that comes in to camp. To make the summer go as smooth as possible please send your children in wearing their first bathing suit and sneakers. With only six weeks left, we look forward to spending more time with the campers and having tons of fun!

Quack!

*Kelly and Brian, Division Leaders, 1st and 2nd Grade*

## We Flipped Over Week Two

The G2A Glittery Dolphins had another fun-filled week. Alexis Bershada loved showing off her skills at Ga-Ga! Sarah Brown had a blast playing with the solar bag during Mad Science. Eliana Fass showed off her dance moves during Dance. Peyton Maniaci made a really cute jewelry box during Arts & Crafts. Sienna Mayo made delicious cupcakes during Bake Shop. Maya Salzberg had so much fun playing games in Music. Samara Stein swam like a fish during Free Swim. Sydney Webber had a blast on the playground during DL Time. It's easy to see that G2A had an awesome week and can't wait for more fun to come.

*Jessica, Counselor and Caitlyn, JC G2A*

## Both Great and Exciting

It was a great and exciting week for the boys of B5A. We had two new campers join us this week named Zach Regen and Aiden Puchalik. Zach had a great time in Ga-Ga, winning two games, while Aiden had a blast in the water swimming with friends. Our second week campers also had a great week. Joel Simon dominated on the wall ball court and Joe Salesi had fun on the softball field getting two hits and making fantastic defensive plays. Brandon Heyman was a great cook in Cooking making pineapple and green onion wontons which were delicious. Brendan Reiss had fun on the overnight, helping his team win Capture the Flag. Jack Yatsko released his inner Einstein in Mad Science. Overall it was a great week for the boys of B5A.

*Alec, Counselor and Evan, JC B5A*



## WE'RE HAVING A BLAST

This week at Eagle's Landing Day Camp, everybody had a great time. Will Gammon had a great time swimming. Chris Holmes loved drawing and making a card holder in Arts & Crafts. Kyle Townsend and Michael Tepperman both did great in Ga-Ga. Marc Anthony Gonzalez really liked baseball. Ajay Pooran loved to swim. Nosagie Obadiaru is very excited to try Archery and enjoys Mad Science. We had our overnight this week and the campers had a blast!

*Matt, Counselor and Nick, JC B3D*

## Tons of Fun

The second week started off great at Eagle's Landing with tons of fun activities. Connor Beckman excelled in knocking out anyone in basketball that dared to challenge him. Brandon Cavalli scored a goal in soccer with an assist from his fellow campers. Sam Friedman really showed his skills at Tennis by hitting the balls over the net. Mountain Biking was awesome especially with Jeremy Goldberger.

Avery Gordon was really excited for Rocketry and had a blast! Hockey was perfect for Joshua Milbrod because he stayed focused and he influenced other campers to play as well. Mad Science got creative when Justin Ockun went back in time and developed film from old camera rolls. Liam Rosen did well in the batting cages where he was successfully able to hit the baseballs. Last but not least Brian Steinberg was a pro in Ga-Ga and won a game. The most amazing event was the overnight where all the campers enjoyed s'mores and watching a movie together!

*George, Counselor and Nikhil, JC B3C*

## Beasts Rule

The B5 Beasts had an awesome week at camp. Michael Mendoza had a very productive week, renaming B5B the B5 Beasts. At Tennis Baseball, Josh Stein and Tyler Sommer showed off their skills tearing up the field. Jaden Hecht had a great time in basketball making it to the final five almost every time in knockout. Zach Lacerte and Jake Feinerman had a

great time at the overnight, breaching enemy territory for their team in Capture the Flag. Connor Gabilanes had a fantastic time at Horseback Riding where he was the only camper who successfully trotted on the horse. Rounding out the group, AJ Gabilanes and Guy Plawner enjoyed Jungle Day where they trekked through the Spray Park in the name of adventure. We can't wait for another great 6 weeks with the B5 Beasts.

*Zack, Counselor and Evan, JC B5B*

## one Amazing week

G4A is having a wonderful start to the 2013 camp year. Hannah Keenan and Isabella Newman are working hard learning dance moves to the song "Party in the USA" in the Drama Show. In Skateboarding, Marin Kerker was very proud of herself for going down the big ramp with her scooter.

Lauren Melcer says her favorite activity so far was Arts & Crafts. She was excited to bring home her awesome paper mache candy she made. Hayley Boka owned the Ga-Ga courts winning the game during her elective. Isabella Newman's favorite days at camp are special days. She says that Jungle Day was a blast.

Rebecca Perez loved versing G4C in soccer. Her sporty skills helped our group win! Tori Cohen is loving Archery. I'm sure by the end of the summer, she will get a bull's eye. Rebecca Smoller was awesome when it came to working together in Ropes. Her favorite was "Whale Watch" where the whole group had to balance on a large wooden plank. Hannah Keenan was stoked to try out the new and improved zip line at Ropes. She said it is much more exciting. Julia Perez liked to play tether ball during group time.

The first two weeks at Eagle's landing day Camp have been amazing and we can't wait for week 3.

*Hayley, Counselor and Gina, JC G4A*



## *We're Pumped!*

B3B was extremely pumped for this week at camp. Sean Salas's soccer skills were out of the world. Travis Hoff is always ready to make diving plays in football. JP Meehan has a powerful Ga-Ga shot. Ryan Schreier is a great team player in basketball. Michael Lopes was able to smash the ball over the net in Tennis. Mason Kloc was fearless when going down the zipline. Yusef Shehat's dance moves were wicked in DDR. Harrison LaRaia had a blast at Ropes. TJ Meehan enjoyed making rockets in Rocketry.

After experiencing the overnight and Jungle Day, we look forward to the upcoming weeks!

*Kyle, Counselor and Nikhil, JC B3B*

## **Splashing into Summer**

The Funky G4B kicked the summer off with a splash! Courtney Herzberg was really creative painting her coil pots in Ceramics! Peyton Lollin had a great time bedazzling her leather purse in Arts & Crafts. Caitlyn Maruyama amazed the group with her awesome mini golf talents. Allison Pepitone and Allison Richards had an amazing time running around in the Spray Park. Mary Rose Salva showed her skills in skate park and learned cool tricks. Celia Schmeidler loved showing us her dance skills in dance this week. Annaliese Simons had a great time baking rainbow cupcakes in Baking. They were delicious. Alexa Truesdale was the queen of the court in Ga-Ga this week.

G4B started this summer off great. I can't wait for the rest of the summer.

*Dani, Counselor and Gina, JC G4B*

## **OFF TO A GREAT START**

Group B5C has gotten off to a great start this summer. Adam Berner has excelled in our athletic activities thus far and his excitement contributes a lot to our group. Kendal Fields loves the waterworks at Eagle's Landing Day Camp. When you see him, most of the time he has his towel and water shoes. Ari Greenberg has great questions and loves to learn. He also enjoys activities such as Mad Science and Meteorology. Robert Szabo is the basketball player of the group. He even comes prepared with his own ball. Billy Yatsko might be reluctant to try new things, but

when he does, he loves it. We saw it a few times this week, particularly at the Spray Park. All of our campers who came to our first overnight had a great time and we look forward to having everyone back at our next overnight in August.

*Evan, Counselor and Sagie, JC B5C*

## **Week Two Equals Awesome**

The second week at Eagle's Landing has been awesome! Middle Camp had an overnight on Tuesday. There were games of Prison Ball and Capture the Flag as well as s'mores and a movie that Middle Camp watched in the Nest. During normal camp hours, the guys in group B3A had a lot of fun too.

Jack Stoeckel had a great time in Archery, hitting two out of three arrows on the target. Andrew Kenny did great in Ga-Ga when our group had a bunch of competitive games. Kyle Sampson also had an awesome time at Ga-Ga especially doing wall tricks. Evan Warner made a really cool star box in Ceramics. Alex Aizley participated in a lot of sports and even took a kick return all the way past midfield in football.

Joshua Fisher had a great time at mini golf, going through the course with the other campers in the elective. Matthew Banks made some good progress with his bookshelf in woodshop. Dorone Ehrlich had a lot of fun in Tennis, which he said was his favorite sport. Luke O'Brien played an awesome game as goalie in soccer, making some tough saves to help his team win. In the same soccer game, Nate Lipton was running up and down the field and even scored a goal.

Last but not least, Michael Savino did great playing softball both at the plate and in the field.

*Greg, Counselor and Nick, JC B3A*





## Big Smiles All the Time

We had a great second week at camp! We welcomed two new campers this week, Mia Alfonzetti and Kaylin Matthews. They reunited with old friends and made new ones! They walked in on Monday with big smiles and have had them ever since.

We started the week with Fantastic Fun where Sarah Hogan completed the obstacle in record time! Lauren Reiss chose Martial Arts for clubs this week and showed off her best karate moves. Riley Sobolewski and Emmy Winston really enjoyed the cupcakes we made in Bake Shop this week. They even want to try to make some at home. Alexandria Brown was super creative in Arts & Crafts when she made a jewelry box using colorful duct tape to decorate it. Stephanie Buttons enjoyed using teamwork in Ropes in order to balance the group on the balance board.

We had a great week 2 and can't wait for week 3.

*Kim, Counselor and Rachel, JC G2B*

## INCREDIBLE WEEK TWO

The second week of camp has turned out to be incredible for anyone in B1C. This week two new campers joined our group, Logan Fotiadis and Joey Peters and both seem to be loving camp. Alex Berger was a superstar goalie in Soccer this week. Logan Fotiadis had a blast playing multiple rounds of basketball tag with his counselors.

Ansh Gairola loved playing with his peers on the playground. Adrian Genge had a great time sliding down the big frog during free swim. Gavin Lopes was exploding with excitement while riding the X-wave. Joey Peters made a beautiful picture frame in Arts & Crafts. David Salvesen and Charlie Yatsko had tons of fun during DL Time, playing Mr. Fox with the Division Leader, Brian. JD Simon had a great time swimming in the pool under the hot summer sun. Sammy Schmeidler loved DL Time.

B1C had so much fun this week and can't wait to have more fun.

*Prasad, Counselor and Matt, JC B1C*



## THE PLACE TO BE

G6B is so excited to do every activity they see and they couldn't believe how quickly the week flew by. On to week two, there's so much to do. The girls listed their favorites just for you.

Alex Asciutto cannot wait to go in the pool and go down the waterslide. Sarah Butler loves playing ping pong. Anaya Crenshaw is always excited to play in the Spray Park. Carla Evans loves every activity at camp. Talia Gold loves the waterslide and playing games at Tennis. Stefanie Goldstein cannot wait until the end of the day to enjoy ice cream.

Carly Manfre is so excited to be in the upper camp go on the trips. Sam Saunders loves to pick all of her electives for every week. Janna Tepperman's favorite activity is baking, Dana Wasserman loves Swimming and Dance. Cynthia Zhang's favorite activities are swimming and creating awesome projects in Arts & Crafts.

ELDC is a great place to be. We can't wait for week three.

*Jamie, Dana and Jules, Counselors G6B*







## Alissa's Bake Shop

### Cream Filled Chocolate Cupcakes

#### Ingredients

2 cups sugar  
 1 cup 2% milk  
 1 cup canola oil  
 1 cup water  
 2 eggs  
 1 tsp vanilla extract  
 3 cups all purpose flour  
 1/3 cup baking cocoa  
 2 tsp baking soda  
 1 tsp salt

#### Filling

1/4 cup butter, softened  
 1/4 cup shortening  
 2 cups confectioner's sugar  
 3 Tbl 2% milk  
 1 tsp vanilla extract  
 pinch salt  
 chocolate frosting

#### Directions

In large bowl, beat the sugar, milk, oil water, eggs and vanilla until well blended. Combine the flour, cocoa, baking soda and salt; gradually beat into egg mixture until blended.

Fill paper-lined muffin cups half full. Bake at 375° for 15-20 minutes or until a tooth pick inserted near the center comes out clean. Remove from pans to wire racks to cool completely.

In a small bowl, beat the butter, shortening, confectioner's sugar, milk, vanilla and salt until fluffy, about 5 minutes. Insert a very small tip into a pastry or plastic bag; fill with cream filling. Push the tip through the bottom of paper liner to fill each cupcake. Frost cupcakes.



## Menu Week 3

- 7/15 Pizza, Diced Peaches, Fresh Salad and Chocolate Pudding
- 7/16 Chicken Nuggets, Potato Chips, Tossed Salad and Watermelon
- 7/17 Baked Ziti or Buttered Noodles, Dinner Rolls, Fresh Salad and Cookies
- 7/18 Grilled Cheese, Tossed Salad, Potato Chips and Brownies
- 7/19 Hamburgers or Hotdogs, Tossed Salad, Potato Chips and Watermelon

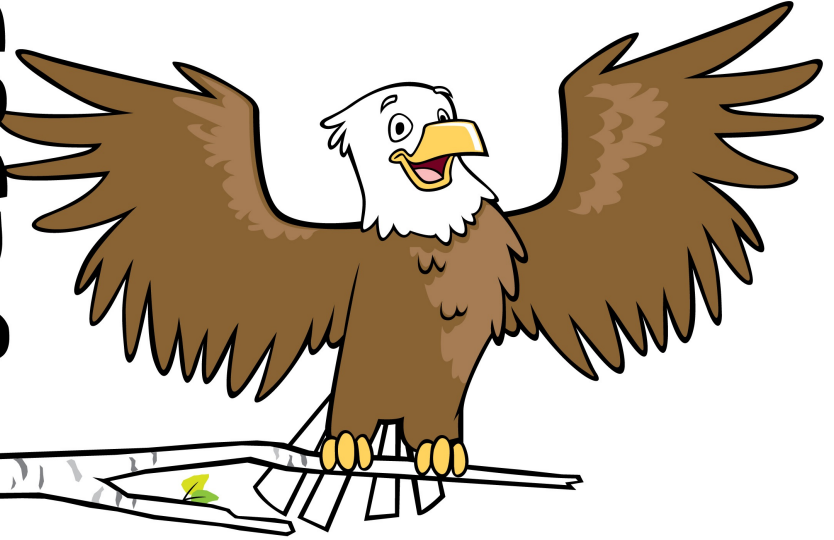
- ☞ Our salad bar includes: fresh garden salad, broccoli, tomatoes, cucumbers, chick peas, celery sticks, carrot sticks, shredded cheddar cheese, croutons, sliced beets, three bean salad, pasta salad, low fat natural fruit yogurt, fresh fruit, tuna, turkey or Sun Butter and Jelly sandwiches on whole wheat bread, and whole wheat bagels with cream cheese or margarine (dairy free).
- ☞ Special dietary concerns including kosher, vegetarian, and food allergies can be accommodated.
- ☞ All food is baked and contains no trans fats. Nothing is fried.
- ☞ Ice cream or ices are served as a snack every afternoon to the entire camp.
- ☞ Eagle's Landing is "Peanut Aware." All of our food is free of nut derivatives, including peanuts.







# EAGLE'S LANDING DAY CAMP



A T M I L L R O A D

