THE GOLDEN EA

Volume 3 "Watch Your Children Soar" Pre-Camp 2015

From the Directors:

HOORAY! School is ending and that means camp starts soon! This is the last newsletter before camp begins. The camp staff is so excited that Ruth Ann has been seen doing cartwheels through the office while Soarin' Sammy completes a few last practice swings on

the new mini golf course. The staff is hired, the pools are sparkling blue, the food has been delivered and supplies are on the shelves waiting for campers to arrive. Our beautiful camp grounds and our innovative programming shine as bright as our amazing Eagle's Landing staff. Why are they so amazing you ask? Whether they are new or returning, each staff member goes through 40+ hours of orientation and training. Division Leaders and Specialty Coordinators meet with their staff to review policies, procedures and lesson plans that are unique to their campers age group or area of instruction. Even our swim staff, kitchen staff and bus drivers have their own orientations! All these efforts are in place so that on June 29, when you put your camper

on the bus or drop them off at camp, you can rest assured that they will be cared for by the best staff in the industry! Whether your child is a first time camper or a camping veteran, they will be welcomed with bright smiles and an exciting summer schedule of events and activities.

The summer of 2015 is going to be SUN-SATIONAL by anyone's standards. We thank you for choosing to share your summer with us! We are super excited and can't wait to see

-Barry and Ruth Ann



Bus information will be emailed out next week and your bus counselor will stop by before camp begins to introduce themselves with a backpack and a smile! (If they miss

you, they will leave the backpack). If your camper is traveling by car, backpacks will be available at the front office starting the week of

Electives for grades 3-9 (LIT) will be available for selection at camp the first week your child attends. Keep any eye on your email for more information.

WEEK 1 CAMP SCHEDULE

6/29 - Welcome to Eagle's Landing!

6/30 - Tattoo Tuesday

7/1 - Up Up and Away Day

7/2 - Red, White and Blue Day

7/3 - Happy 4th of July Weekend

(Camp Closed)

Please remember: NO VISITING week 1!

Lunch Menu Week 1

- 6/29 Pizza, Tossed Salad, Chocolate Pudding, Apples, Cookies
- Popcorn Chicken, Tossed Salad, Potato Sticks, 6/30 Brownies
- 7/1 Baked Ziti or Buttered Noodles, Dinner Roll, Tossed Salad, Cookies
- 7/2 Grilled Cheese, Tossed Salad, Tater Tots, Fresh Fruit Medley
- 7/3 Camp Closed

Our salad bar includes fresh mixed greens, broccoli, tomatoes, cucumbers, chick peas, carrot sticks, croutons, sliced beets, hummus, raisins, fresh fruit, applesauce, nut-free granola, low-fat fruit yogurt, pasta salad, chunk tuna, turkey or Sun Butter and jelly sandwiches on whole wheat bread, whole wheat bagels with cream cheese or margarine (dairy free) and nacho chips and cheese.

A healthy, whole grain snack is available every morning. Ice cream, ices or fresh fruit are served as a snack in the afternoon.

All food is baked and contains no trans fats. Nothing is fried

Special dietary concerns including kosher, vegetarian and food allergies can be accommodated.

Eagle's Landing is "Peanut Aware." All of our food is free of nut derivatives, including peanuts.



Private swim lessons are filling quickly. Lessons are available Monday through Thursday at 4:00, 4:30 or 5:00 pm. The cost is \$30 to be paid directly to the instructor at the lesson. If you are interested in setting up a private half hour swim lesson after camp with one of our instructors, please contact Risa at swimlessons@eagleslandingdaycamp.com or call 732-821-9155.







WHAT TO BRING AND LEAVE AT CAMP

Please send the following items with your child every day in their backpack:

- two bathing suits (have your child wear one to camp)
- sunscreen
- shorts
- underwear
- · two towels
- · plastic bag for wet clothing

New this year, campers in grades Kiddie Kingdom through 2 will receive a bag (which we call a *Bundle Bag*) to hold their additional items that are kept at camp. Bags will be available during your Meet and Greet at camp or you may stop in at the office to pick one up. Please include the following items:

- sweatshirt or light jacket for chilly days
- bathing suit and flip flops for walking to and from the pool
- · sun screen with bug repellent
- swim goggles (our pools are salt water to reduce sensitivity)
- a complete change for clothing including underwear, socks, t-shirt, shorts and water shoes

Anyone in grades 5-9 interested in signing up for the horse-back riding elective must bring long pants, a hat and closed toe shoes with a hard heel. No sandals or clogs are allowed. Parents, please complete the online horseback riding permission slip in your CampMinder account.

In addition, please apply sun screen to your camper each morning. Counselors in grades KK through 5 will automatically reapply sun screen to campers after each swim. If you want sun screen reapplied to an older camper, send in a note via bus mail.

REMEMBER TO LABEL EVERYTHING WITH YOUR CHILD'S FIRST AND LAST NAME!







~Please Remember ~

Be sure to check your CampMinder account for all important camp documents and forms including the Parent Handbook. Your camper WILL NOT be allowed to attend camp without a completed Health History form. If you have any questions please call our office at 732-821-9155.

Do you have a cute little critter that you would like to donate or loan to the camp this summer? If you do, please call the camp office at 732-821-9155.









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