# THE GOLDEN EAGLE

Volume 5

"Summer of FUN-nominal"

Pre-Camp 2017

## From the Directors:

HOORAY! School is ending and that means camp starts soon! This is the last newsletter before camp begins. The camp staff is so excited that Ruth Ann has been seen doing cartwheels through the office while Soarin' Sammy zips down the zip



line. The staff is hired, the pools are clear blue, the food has been delivered and supplies are on the shelves waiting for campers to arrive. Our beautiful camp grounds and our innovative program shine as bright as our amazing Eagle's Landing staff. Why are they so amazing you ask? Whether they are new or returning, each staff member goes through 40+ hours of orientation and training. Division Leaders and Specialty Coordinators meet with their staff to review policies, procedures and lesson plans that are unique to their campers' age group or area of instruction. Even our swim staff, kitchen staff and bus drivers have their own orientations! All these efforts are in place so that on June 26, when you put your camper on the bus or drop them off at camp, you can rest assured that they will be cared for by the best staff in the industry! Whether your child is a first time camper or a camping veteran, they will be welcomed with bright smiles and an exciting summer schedule of events and activities.

#### The summer of 2017 is the Summer

of FUN-nominal. We thank you for choosing to share your summer with us! We are super excited and can't wait to see you!

-Barry and Ruth Ann

Bus information will be emailed in a few days and your bus counselor will stop by later in the week to introduce themselves with a backpack and a smile! (If they miss you,

they will leave the backpack.) If your camper is traveling by car, backpacks are

available in the front office. Electives for grades 3-9

(LIT) are being emailed home so you can pick your electives < before camp begins! Keep

any eye on your email for more information. Please fill out the elective email and get it back

## WEEK 1 CAMP SCHEDULE

- 6/26 Welcome to Eagle's Landing!
- 6/27 Tattoo Tuesday
- 6/28 Ship to Shore Day
- (6, 7, 8, 9, 10 Jenkinson's Beach)
- 6/29 Picture Day
- 6/30 Tin Foil Day
  - (8th grade Pinball Museum)

Please Remember: NO VISITING week 1!

## Lunch Menu Week 1

- 6/26 Pizza, Tossed Salad, Diced Peaches, Apples, Chocolate Pudding.
- 6/27 Popcorn Chicken, Tossed Salad, Mashed Potatoes, Apples, Cookies.
- 6/28 Grilled Cheese, Potato Wedges, Tossed Salad, Jello, Apples.
- 6/29 Baked Ziti or Buttered Noodles, Dinner Roll, Tossed Salad, Brownies, Watermelon.
- 6/30 Hamburgers, Hot Dogs, Tossed Salad, Potato Chips, Cookies, Watermelon.

Our salad bar includes fresh mixed greens, broccoli, tomatoes, cucumbers, carrot sticks, hard boiled eggs, croutons, sliced beets, chunk tuna, hummus, raisins, fresh fruit, applesauce, shredded cheddar cheese, low-fat fruit yogurt, pasta salad, and corn.

Tuna, turkey or Sun Butter and jelly sandwiches on whole wheat bread or whole wheat bagels with cream cheese or margarine (dairy free) are always available.

A healthy, whole grain snack is available every morning. Ice cream, ices or fresh fruit are served as a snack in the afternoon.

Special dietary concerns including kosher, gluten free, vegetarian and food allergies can be accommodated.

Eagle's Landing is *"Peanut Aware."* All of our food is free of nut derivatives, including peanuts. All of our food is baked or grilled and contains no trans fats. Nothing is fried.



## WHAT TO BRING AND LEAVE AT CAMP

Please send the following items with your child every day in their backpack:

- two bathing suits (wear one to camp)
- sunscreen
- shorts
- underwear
- two towels
- plastic bag for wet clothing

Campers in grades Kiddie Kingdom through 2 will receive a bag, which we call a *Bundle Bag*, to hold their additional items that are kept at camp. Bags will be available during your Meet and Greet at camp or you may stop in at the office to pick one up. Please include the following items:

- sweatshirt or light jacket for chilly days
- bathing suit and flip flops for walking to and from the pool
- sunscreen with bug repellent
- swim goggles (our pools are salt water to reduce sensitivity)
- a completé change for clothing including underwear, socks, t-shirt, shorts and water shoes

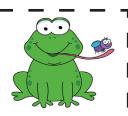
Please apply sunscreen to your camper each morning. Counselors in grades KK through 5 will automatically reapply sunscreen to campers after each swim. If you want sunscreen reapplied to an older camper, send in a note via bus mail.

## PLEASE USE A SHARPIE AND LABEL EVERYTHING WITH YOUR CHILD'S FIRST AND LAST NAME!

### Important Reminder •

Check your CampMinder account for all important camp documents and forms including the Parent Handbook. Your camper **MAY NOT** attend camp without a completed Health History Form. If you have any questions please call our office at 732-821-9155.

Do you have a cute little critter that you would like to donate or loan to the camp this summer? If you do, please call the camp office at 732-821-9155.













(Are you ready to play Ga Ga??)

