

# THE GOLDEN EAGLE

Volume 11

#SmilesGuaranteed

June 2023

## FROM THE DIRECTORS:

**HOORAY!** School is ending and that means camp starts soon! We're so excited that Ruth Ann has been seen doing cartwheels over by the Basketball Court!

The staff is hired, the pools are crystal clear, the food has been delivered, and supplies are on the shelves waiting for campers to arrive. Our beautiful camp grounds and our innovative programs shine as bright as our amazing Eagle's Landing staff. Why are they so amazing you ask? Whether they are new or returning, each staff member goes through 40+ hours of orientation and training. Division Leaders and Specialty Coordinators meet with their staff to review policies, procedures, and lesson plans that are unique to their campers' age group and area of instruction. Even our swim staff, kitchen staff, and bus drivers have their own orientations! All these efforts are in place so that on June 26, when you put your camper on the bus or drop them off at camp, you can rest assured that they will be cared for by the best staff in the industry. Whether your child is a first-time camper or a camping veteran, they will be welcomed with bright smiles and an exciting summer schedule of events and activities.

This summer, **MORE THAN EVER**, we are ready to have fun and experience an amazing time. We thank you for choosing to share your summer with us. We are super excited and can't wait to see you!  
**#SmilesGuaranteed**



Bus information will be emailed in a few days and your bus counselor will stop by later in the week to introduce themselves with a backpack and a smile! (If they miss you, they will leave the backpack and a note).

If your camper is traveling by car, backpacks are available in the front office.



## Camper Electives

Electives for grades 3-9 (LIT) will be selected by our campers when they arrive at camp. If you would like more information, please contact the office.

Private swim lessons are filling quickly. Lessons are available Monday through Thursday at 4:00 or 4:45. The cost is \$35 to be paid directly to the instructor after the lesson. If you are interested in setting up a private half-hour swim lesson after camp with one of our instructors, please contact Rossane at [swimlessons@eagleslandingdaycamp.com](mailto:swimlessons@eagleslandingdaycamp.com) or call 732-821-9155.



Please join us for **SPRING INTO SUMMER** on Sunday, June 25 from 1:00 - 3:00 pm. Drive to camp and follow the red **PARK HERE** sign to our back parking lot. Bring your sneakers, bathing suit and towel, and get ready for an afternoon of fun!



## Week 1 Camp Schedule

- 6/26 - **Welcome to Eagle's Landing!**
- 6/27 - **Team Tuesday**
- 6/28 - **Animation Sensation**  
(7/8/9 Trip to Branchburg Sports)
- 6/29 - **Holiday Hullabaloo**  
(5/6 Trip to Branchburg Sports)
- 6/30 - **Sammy's Safari**

## Lunch Menu Week 1

- 6/26 Pizza, Tossed Salad, Potato Chips, Apples, Chocolate Pudding
- 6/27 French Toast Sticks with Syrup, Tater Tots, Tossed Salad, Apples
- 6/28 Chicken Patty Sandwich, Tossed Salad, Potato Sticks, Cookies, Watermelon
- 6/29 Baked Ziti or Buttered Noodles, Dinner Roll, Tossed Salad, Brownies, Apples
- 6/30 Hamburgers, Hot Dogs, Tossed Salad, Potato Chips, Cookies, Watermelon

Our salad bar includes fresh mixed greens, broccoli, grape tomatoes, tofu, cucumbers, carrot sticks, hard boiled eggs, croutons, chunk tuna, hummus, raisins, croutons, fresh fruit, chick peas, farro salad, lo mein salad, edamame, apple sauce, hard-boiled eggs, shredded cheddar cheese, non-fat fruit yogurt, pasta salad, corn, and assorted dressings.

Tuna, Kosher turkey or Sunbutter and jelly sandwiches on whole wheat bread or whole wheat bagels with cream cheese or margarine (dairy free) are always available.

A healthy, whole grain snack is available every morning. Ice cream, ices, pretzels, or fresh fruit are served as a snack in the afternoon.

Special dietary concerns including Kosher, gluten free, vegetarian, and food allergies can be accommodated.

Eagle's Landing is "Peanut Aware." All of our food is free of nut derivatives, including peanuts. All of our food is baked or grilled and contains no trans fats. Nothing is fried.



## WHAT TO BRING AND LEAVE AT CAMP

Please send the following items with your child every day in their backpack with their name clearly written on it (on the name tag on the back):

- two bathing suits (wear one to camp)
- sunscreen
- shorts
- underwear
- two towels
- plastic bag for wet clothing

Campers in Kiddie Kingdom will receive a bag, which we call a *Bundle Bag*, to hold their additional items that stay at camp. Bags will be available during your Meet & Greet or you may stop in at the office to pick one up. Please include the following items:

- sweatshirt or light jacket for chilly days
- bathing suit and flip flops for walking to and from the pool
- sunscreen with bug repellent
- swim goggles (our pools are salt water to reduce sensitivity)
- a complete change for clothing including underwear, socks, t-shirt, shorts, and water shoes

Please apply sunscreen to your camper each morning. Counselors in grades KK through 5 will automatically reapply sunscreen to campers after each swim. If you want sunscreen reapplied to an older camper, send in a note via bus mail.

**PLEASE USE A SHARPIE AND LABEL EVERYTHING WITH YOUR CHILD'S FIRST AND LAST NAME!**

### • Important Reminder •

Check your Campminder account for all important camp documents and forms including the Parent Handbook. Your camper **MAY NOT** attend camp without completed Health History and Camper Security Forms. If you have any questions please call our office at 732-821-9155.



## WHY SHOULD CAMPERS HAVE ALL THE FUN?

You've asked for a "parents only" event and here it is! We'll have swimming, pickleball, ga-ga, ping pong, basketball, mini golf, corn hole, and tennis baseball to name a few activities. Our zip line and Hatchet Throwing will be open too! Enjoy a camp BBQ and cook s'mores over a campfire. BYOB (we will even supply the ice and cups)! Mark your calendars:

**Friday, July 14, 7 - 10 pm**

The cost is \$40 per person to reserve your spot; first come, first serve! To reserve your spot, call 732-821-9155 or sign up at: [bit.ly/elcpcno](http://bit.ly/elcpcno)



**CAMP IS ONLY 8 DAYS AWAY**

Are you ready to try the new Ropes Course?



EagleLandingDayCamp.com



732-821-9155  
74 Davidson Mill Road  
North Brunswick, NJ 08902

