

THE GOLDEN EAGLE

Volume 13

Building Lifelong Friends

June 2024

FROM THE DIRECTORS:

HOORAY! School is ending and that means camp starts soon! Ruth Ann is so excited that she's been doing cartwheels over by the Basketball Court!

The staff is hired, the pools are crystal clear, the food has been delivered, and supplies are on the shelves waiting for campers to arrive. Our beautiful camp grounds and our innovative programs shine as bright as our amazing Eagle's Landing staff. Why are they so amazing you ask? Whether they are new or returning, each staff member goes through 40+ hours of orientation and training. Division Leaders and Specialty Coordinators meet with their staff to review policies, procedures and lesson plans that are unique to their campers' age group and area of instruction. Even our swim staff, kitchen staff, and bus drivers have their own orientations. All of these efforts are in place so that on June 24, when you put your camper on the bus or drop them off at camp, you can rest assured that they will be cared for by the best staff in the industry. Whether your child is a first-time camper or a camp veteran, they will be welcomed with bright smiles and an exciting summer schedule of events and activities.

This summer, **MORE THAN EVER**, we are ready to have fun. We thank you for choosing to share your summer with us. We are super excited and can't wait to see you!

-Barry, Ruth Ann, & Hanna

Bus information will be emailed in a few days and your Bus Counselor will stop by next week to introduce themselves with a backpack and a smile! (If they miss you, they will leave the backpack and a note). If your camper is traveling by car, backpacks are available in the front office.



Camper Electives

Electives for grades 3-9 (LIT) will be selected by our campers when they arrive at camp each Monday. If you would like more information, please contact the office.

Private swim lessons are filling quickly. Lessons are available Monday through Thursday at 4:00 or 4:45. The cost is \$35 and is paid directly to the instructor after the lesson. If you are interested in setting up a private half-hour swim lesson after camp with one of our instructors, please contact Rossane at swimlessons@eagleslandingdaycamp.com.



Please join us for **SPRING INTO SUMMER** on Sunday, June 23 from 1:00 - 3:00 pm. Drive to camp and follow the red **PARK HERE** sign to our back parking lot where our staff will direct you where to park. Bring your sneakers, bathing suit, towel, and get ready for an afternoon of fun!



Week 1 Camp Schedule

- 6/24 - **Welcome to Eagle's Landing!**
- 6/25 - **Tattoo Tuesday**
- 6/26 - **Royalty Day**
(7/8/9 Trip to Dave & Buster's)
- 6/27 - **yppaH sdrawkcaB yaD**
(5/6 Trip to Dave & Buster's)
- 6/28 - **Fun Fitness Friday**

Lunch Menu Week 1

- 6/24 Pizza, Tossed Salad, Potato Chips, Chocolate Pudding, Apples
- 6/25 French Toast Sticks with Syrup, Tossed Salad, Tater Tots, Apples
- 6/26 Crispy Chicken Sandwich, Tossed Salad, Potato Sticks, Jello, Watermelon
- 6/27 Mac & Cheese or Buttered Noodles, Tossed Salad, Dinner Roll, Brownies, Apples
- 6/28 Hamburgers, Hot Dogs, Tossed Salad, Potato Chips, Cookies, Watermelon

Our salad bar includes fresh mixed greens, broccoli, grape tomatoes, tofu, cucumbers, carrot sticks, croutons, chunk tuna, hummus, fresh fruit, chick peas, farro salad, lo mein salad, black bean taco salad, edamame, apple sauce, hard-boiled eggs, egg salad, shredded cheddar cheese, non-fat fruit yogurt, pasta salad, corn, and assorted dressings.

Options include tuna, kosher turkey, or sunbutter and jelly sandwiches on whole wheat bread. Black bean taco salad wraps or whole wheat bagels with cream cheese or margarine (dairy free) are always available.

A healthy, whole grain snack, and apples are available every morning. Ice cream, ices, pretzels, or fresh fruit are served as a snack in the afternoon.

Special dietary concerns including Kosher, gluten free, vegetarian, and food allergies can be accommodated.

Eagle's Landing is "Peanut Aware." All of our food is free of nut derivatives, including peanuts. All of our food is baked or grilled and contains no trans fats. We serve kid-friendly food with a healthy twist!



WHAT TO BRING AND LEAVE AT CAMP

Please send the following items with your child every day in their backpack. Please clearly print their name on the tag provided on the back of the backpack:

- two bathing suits (wear one to camp)
- shorts
- underwear
- two towels
- plastic bag for wet clothing

We recommend sending in the following items for your camper to leave in their cubby at camp (all labeled with a sharpie!):

- sunscreen
- flip flops for walking to and from the pool. Swim shoes are another option and will protect their feet while in the water.
- swim goggles (optional)
- sweatshirt or light jacket for chilly days

Please apply sunscreen to your camper each morning. Counselors in grades KK through 5 will automatically reapply sunscreen to campers after each swim. If you want sunscreen reapplied to an older camper, send in a note via Bus Mail.

Campers in Kiddie Kingdom will also receive a bag, which we call a *Bundle Bag*, to hold their additional items that stay at camp. This bag will be in your child's backpack. Please include the following items in addition to what will stay in their cubby:

- bathing suit
- extra sunscreen
- a complete change for clothing including underwear, socks, t-shirt, shorts

PLEASE USE A SHARPIE AND LABEL EVERYTHING WITH YOUR CHILD'S FIRST AND LAST NAME!

• Important Reminder •

Check your CampSite account for all important camp documents and forms including the Parent Handbook. Your camper **MAY NOT** attend camp without completed Health History Forms by Friday, June 14. Our Nurses need time to review the information before camp starts. If you have any questions please call our office at 732-821-9155.

WHY SHOULD CAMPERS HAVE ALL THE FUN?

You've asked for a "parents only" event and here it is! You don't have to be a camp family to attend, so bring your friends. We'll have swimming, pickleball, ga ga, ping pong, basketball, mini golf, corn hole, and tennis baseball to name a few activities. Our zip line and hatchet throwing will be open too! Enjoy a camp BBQ and cook s'mores over a campfire. BYOB (we will even supply the ice and cups!) Mark your calendars:

Friday, July 12, 7 - 10 pm

The cost is \$40 per person to reserve your spot; first come, first serve! To reserve your spot sign up at: bit.ly/eldcpno



CAMP IS ONLY 8 DAYS AWAY

Are you ready to make new Friends?



Eagle's Landing Day Camp
74 Davidson Mill Road
North Brunswick, NJ 08902
732-821-9155
EagleLandingDayCamp.com

