



2025 LUNCH MENU

Monday

Tuesday

Wednesday

Thursday

Friday

**DAILY OPTIONS
INCLUDE:**

**KOSHER TURKEY,
SUNBUTTER & JELLY,**
and **TUNA** sandwiches
on whole wheat bread.
Black Bean Taco Salad
wraps are also available.

SALAD BAR
with all the fixings:
Mixed Greens, Tofu,
Grape Tomatoes,
Corn, Chickpeas,
Cucumbers, Pasta Salad,
Black Bean Taco Salad,
Lo Mein Salad, Edamame,
Hard-Boiled Eggs,
Shredded Cheese,
Apple Sauce, and
Assorted Dressings.

**NON-FAT FRUIT
YOGURTS** in a
variety of flavors.

Fresh-baked
WHOLE WHEAT BAGELS
with cream cheese or
dairy-free margarine.

**FRESH FRUIT,
ICE CREAM, ICE POPS,**
and **PRETZELS** for snack
every afternoon.

Weeks
1+
5

**PIZZA
PIZZA!**

Tossed Salad
Potato Chips
Chocolate Pudding
Apples

**FRENCH TOAST
STICKS**

with Syrup
Tossed Salad
Tater Tots
Apples

**CRISPY CHICKEN
SANDWICH**

Tossed Salad
Potato Sticks
Jello
Watermelon

MAC & CHEESE
or Buttered Noodles
Dinner Roll
Tossed Salad
Cookies
Apples

Make your own
BURRITO BOWL

Tossed Salad
Corn Chips
Cookies
Watermelon

Weeks
2+
6

**CHEESE
QUESADILLA**

with Rice and Beans
Tossed Salad
Chocolate Pudding
Apples

**CHICKEN
NUGGETS**

Tossed Salad
Tater Tots
Jello
Watermelon

**POTATO
PIEROGIES**

or Buttered Noodles
Dinner Roll
Funfetti Cake
Apples

**BARRY'S
GRILLED CHEESE**

Tossed Salad
Mashed Potatoes
Cookies
Apples

**MEATBALL
SUBS**

Tossed Salad
Potato Chips
Cookies
Watermelon

Weeks
3+
7

**PIZZA
PIZZA!**

Tossed Salad
Potato Chips
Chocolate Pudding
Apples

**CHEESE
TORTELLINI**

with Broccoli
or Buttered Noodles
Dinner Roll
Cookies
Apples

**CRISPY CHICKEN
SANDWICH**

Tossed Salad
Potato Sticks
Jello
Watermelon

**SHORT STACK
OF PANCAKES**

with Syrup
Tossed Salad
Tater Tots
Apples

**WALKING
TACOS**

Tossed Salad
Corn Chips
Cookies
Watermelon

Weeks
4+
8

**VEGGIE
SPRING ROLLS**

Veggie Fried Rice
Tossed Salad
Cookies
Apples

**BARRY'S
GRILLED CHEESE**

Tossed Salad
Mashed Potatoes
Cookies
Apples

**VEGGIE
CHILI**

Tossed Salad
Cornbread
Jello
Watermelon

**CHICKEN or VEGGIE
EMPANADA**

Tossed Salad
Corn Chips
Funfetti Cake
Apples

**HAMBURGERS
& HOT DOGS**

Tossed Salad
Potato Chips
Cookies
Watermelon

732-821-9155

www.EaglesLandingDayCamp.com

Available dietary
options include:



Our entire facility
is proudly:

